Happy Mother's Day



Production of the ALL Program Guide generously sponsored by

McFalda Law Office.

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ALL News

ALL Board Highlights - April 2024

The Association of Lifelong Learners at Alpena Community College is a Michigan Corporation with a Board of Directors responsible for administration of the organization. The Board currently consists of eleven members and meets each month on the second Wednesday of the month at the Madeline Briggs Center.

Highlights of the April Board meeting include the following:

- Richard Bremer was appointed to the Board and designated treasurer to fill the vacancy created by the resignation of Treasurer Ray Simth that had been accepted with regrets.
- Judy Hompstead, office manager reported membership in ALL was 268 as of the end of March, which is 30 above the same time last year. Three new members have been added since the end of March.
- A finance committee report was reviewed and discussed. A
 Budget for the 2024-2025 ALL fiscal year was adopted in the
 amount of \$26.600. A recommendation to replace the office
 printer at an estimated cost of \$700 was approved.

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- The program planning committee will meet on June 30th, 9:30
 am at Madeline Briggs to complete work on the June programs
 and start work on the July programs to be offered by ALL.
- The Annual Membership Meeting and June Happening for ALL will be held on June 27th with time and venue to be determined. Election of members to the ALL board are part of the Annual Membership Meeting.
- The next meeting of the ALL board will be Wednesday, May 8th, 9:30 am at Madeline Briggs.

By Ron Young, Secretary



All members were greeted with a festive card when they attended the March Happening.
Allan Grund fetted them with his music too.

A great time was reported by those who attended, Ron Young said, "I personally think this is one of the best happenings we have attended. All I can say is AWESOME."





Name Tag Update! We are hoping you wear your name badge to ALL events because we want to know who you are. If you happen to forget to wear your name badge and would like to make a \$1 donation to our "forgot name tag" fund, we welcome that, however, moving forward, this will not be a requirement. We all forget sometimes and we were looking for a light-hearted way to help us remember.



ALL Announces our Most Recent New Members

We have New/Renewing Members. Let's make them welcome!

- Debra Staeb
- Janine Grefe
- Robert Collins Jr.
- Michael Kelly
- Jerry McConnell



Photographers Corner



Sue Nagy at the Happening. Great crowd.



 $\label{lem:linda} \textbf{Linda Ferguson talking with ALL members during the Happeninng}.$



Many of the members at the ALL Happening in April.





ALL members at ACC during the Happening enjoying the music from Allan Grund.



Ben Granlund presents to ALL on his trip he took to Iceland.



Bob Baugman illustrates fly casting loop prior to practice for the Introduction and Intermediate Concepts in Fly Fishing Class.



An introduction to fly fishing entomology for the Introduction and Intermediate concepts in fly fishing class.



Practicing fly casting.

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May PROGRAMS

WRITING WORKSHOP

Day: Wednesday, May 1, 2024 11:00 am

M. Briggs Center Room 143

Minimum: 3 Maximum: 12

Coordinator: Mary Ann Krajnik Crawford 989-916-5540

We will share short pieces of writing (your own or others) and discuss issues and techniques for writing, revising and editing in a non-critical atmosphere.

Mary Ann Krajnik Crawford enjoys writing and teaching writing, including creative nonfiction and memoir writing

EXPLORING A WORLD OF LEARNING ON THE WEB

Thursday, May 2 1:30 pm

ACC M. Briggs Center

Coordinator: Linda Ferguson 402-679-7669

Have you pondered what bait to use when fishing for walleye: Have you sputtered when trying to replace a taillight on your vehicle: Do you lie awake at night wondering how they built those huge cathedrals: Let's learn about learning - get educated about getting educated - get schooled on school. Albert Einstein said, "Intellectual growth should commence at birth and cease only at death."

The Association for Lifelong Learners has provided a means to keep our minds and bodies active and recharged. There are also other sources for adult learning available to us. We will explore a few of these in our time together. Come along and climb to educational heights you may not have known existed. Feel free to bring along your own sources to share with others in case they are new to me as well.

Jane Roose grew up on a farm in Long Rapids Township. She is married to Rob and has two smart, funny, beautiful adult daughters - Gina and Brooke. She has embraced educational opportunities throughout her life earning her first associate degree at ACC and worked toward a bachelor's degree at Lake State completing that goal at Northern Michigan University. Life took another turn and brought her family to Houghton and a 20-year career with Edward Jones. Now retired, she can quench her thirst for knowledge by joining ALL and finding educational opportunities online.

CIDER CLUB CLASS

Monday, May 6 6 to 8 pm PIF Cider Taproom 205 W. Chisholm St., Alpena

Number of Attendees: Minimum: 20

Coordinator: Mike Mandrick 989-255-2699

Join PIF Cider for a curated flight with head cider maker, Dion Stepanski. He'll discuss equipment, apple selection, juicing and pressing, the fermentation process, and bottling and carbonation.

Dion Stepanski has owned and operated Presque Isle Farm with his wife Molly in northeast Michigan since 2014. Presque Isle Farm is a small, certified organic farm that focuses on direct to customer and restaurant sales. Dion manages and oversees all the production

needs of the farm. He had little farming experience before getting started but has used his entrepreneurial drive to build a successful farm business in rural Michigan. His background is in music and he spent almost fifteen years playing professionally all over the United States before deciding to move home and re-establish the family Centennial farm with Molly.

TOUR NEW ACC MACHINE TECHNOLOGY AND WELDING LAB

Tuesday, May 7 9:30 am

Meet at ACC Newport Center (door nearest Paul Bunyan Sculpture) Number of

Attendees: Minimum 5 Maximum 15

Coordinator: Jere Doyle 989-340-0858

Tour of the new Machine Technology & Welding Labs that have just been completed. Previously they were both located in one lab. Now they have their own lab. The new program labs have been totally updated with new equipment which provides the program graduates more opportunity and better employee for our industrial community.

Andrew Padd, Machine Technology and Tim Ratz, Welding, are both graduates of the programs they now oversee with education beyond ACC.

CARD MAKING

Tuesday, May 7 1:30 pm

ACC M. Briggs Center

Cost: \$5

Number of Attendees: Maximum: 10

Coordinator: Annette Fortier 989-370-7778

If you have never made a card but would like to try it, this is the class for you. Beginning cardmaking for \$5 Nancy will provide the paper and glue. You are to bring scissors, a ruler, and a pencil.

Nancy Pohl has been making cards and other artistic endeavors for years. She would like to share her talents with the participants.

MOVEABLE FEAST POMPEYOS MEXICAN GRILL

WEDNESDAY, MAY 8 4:00 pm

1120 S. State St., Alpena

Coordinator: Sue Nagy 989-736-7105

Come join your ALL friends for a nice relaxing meal at Pompeyos Mexican Grill. Let the ALL office know that you are planning to attend so that we have enough seats reserved.

SENIOR CENTER ALZHEIMER'S SUPPORT PROGRAMS

Thursday, May 9 1:30 pm

ACC M. Briggs Center

Coordinator: Nancy Smith 941-735-3494

Zoom Link:

https://us02web.zoom.us/j/86795540693:pwd=RG1aL1JzakNOQIIEckxaSzdMV2w3UT09

Meeting ID: 867 9554 0693 Passcode: 198148

The presentation will focus on the new programs we are offering for those living with dementia and their caregivers. Some of the things we will discuss are Miles for Memories, The Memory Café, The Monthly Support Group, the Reach Program and overall answers to questions from the participants.

Andrea "Annie" Hepburn, Director and BJ Sander, Program Manager with the Alpena Senior Citizens Center are well informed about dementia. Both are certified dementia therapy practitioners, REACH certified and Alzheimer's support group facilitators with a total of 48

years experience.

MONARCH BUTTERFLIES

Monday, May 13 1:30 pm

ACC M. Briggs Center

Coordinator: Judy Nichols 517-663-4970

Here is the perfect opportunity to learn why the monarch butterfly population is diminishing and how to help them.

Lisa Strbik grew up in Flint, Michigan and graduated from Mott Community College and the University of Kentucky. She has worked in the environmental field for over 30 years. Lisa enjoys nature and is passionate about doing her part to keep Earth healthy and clean for future generations.

CREATING A BEAUTIFUL ARRANGEMENT

Tuesday, May 14 1:30 pm

Netta's Nursery 13624 M-65 Posen, MI

Cost: \$65 for a 12" pot or \$85 for a 18" pot Money must be at the ALL Office by May 7th.

Number of Attendees: Minimum: 10 Maximum: 20

Coordinator: Linda Ferguson 402-679-7669

It's time to plant flowers! Netta's nursery is offering you a chance to indulge your green thumb and design a stunning mixed container bursting with this season's most captivating annual flowers! In this hands-on workshop, you'll receive expert guidance in selecting the perfect combination of plant's tailored to our preferences, whether it's sun-loving, shadedwelling, pollinator-friendly, drought-tolerant, or even deer-resistant. Included in this will be a tour of the greenhouses.

You will go home with either a twelve inch pot for \$65 or a sixteen inch pot for \$85.

In the late 1980's Annette (Netta) Taratuta began selling locally-grown, dried flowers, arrangements, and calligraphy at local shops and markets. In 1993, she and her husband Dennis opened their first "greenhouse" in a lean-to structure added to their home. Since then, Annette and Dennis have added ten greenhouses and a tree farm to meet the needs of their customers. This expansion includes a full inventory of annuals.

PHOTOGRAPHY CLUB

Tuesday, May 14, 2024 7:00—9:00 pm

ACC Briggs Center

Coordinator: Dick Bremer 989-727-8028

Zoom Connection: https://us02web.zoom.us/j/84704597928:pwd=cGhDenlHa0t

OMmhtWlh1N3cvMnNwdz09

Meeting ID: 847 0459 7928 Passcode: 635146

Come and join us as we discuss reorganizing the focus of camera club to rekindle the excitement of taking superb photos.

JOURNAL WRITING SHARING STORIES

perennials, trees, and shrubs from early May until the end of September.

Day: Wednesday, May 15, 2024 11:00 am

M. Briggs Center Room 143
Minimum: 4 Maximum: 15

Coordinator: Mary Ann Krajnik Crawford 989-916-5540

Explore personal and memoir writing in a no-pressure atmosphere; prompts provided

Explore personal and memorithming in a ne processe asmosphere, premise previous.

Mary Ann Krajnik Crawford retired from Central Michigan University as a professor emerita of English.

MOVING YOUR BODY WELL: PAIN, POSTURE, PICKING UP AND YOUR ACHING BACK

Thursday, May 16 1:00 pm

ACC M. Briggs Center

Coordinator: Jan Kane 989-464-7107

This program will explore the physics of human motion and ways to improve motion to protect and strengthen the body as it matures to prevent and help back issues.

Rob Stafford is a Level 2 Physical Therapist for My Michigan Alpena. As a physical therapist for 22 years, he suggests that goal setting, habit formation, and learning are the most important single factors in healing most back injuries or functional limitations.

THE MUSIC MAN

Sunday, May 19 2:00 pm

Alpena Civic Theater

Tickets are \$15 each and must be paid to the ALL office by Friday, May 10 to reserve a seat.

Coordinator: Linda Ferguson 402-679-7669

Come and see Alpena Civic Theatre's production of *The Music Man with our local artists and producers. The Music Man is a musical* with book, music and lyrics by Meredith Willson, based on a story by Willson and Franklin Lacey. The plot concerns con man Harold Hill, who poses as a boy's band organizer and leader and sells band instruments and uniforms to native Midwestern townsfolk, promising to train the members of the new band. Harold is no musician, however, and plans to skip town without giving any music lessons. Prim librarian and piano teacher Marian sees through him, but when Harold helps her younger brother overcome his lisp and social awkwardness, Marian begins to fall in love with him. He risks being caught to win her heart.

2023 FISHING ACCORD PUTS GREAT LAKES FISHERIES AT RISK

Monday, May 20 1:30 pm

ACC M. Briggs Center

Coordinator: Tom Hilberg 989-464-5569

The audience will learn how the 2023 Consent Decree between the State of Michigan, the U.S., and six tribes of Chippewa/Ottawa Native Americans is probably unsustainable, and risks collapse of lake trout, lake whitefish, and other species. We will begin with an introduction to the status of Great Lakes fisheries and fish species, with a focus on Lake Huron. Lake whitefish have been the staple for commercial fisheries but are currently in a state of collapse in northern and central Lake Huron. Lake trout were extirpated from most of Lake Huron by overfishing and depredation by sea lampreys; they are far from recovery and only in the last 20 years have they been reproducing again. Invasion of the Great Lakes by zebra and quagga mussels, among a host of other exotic colonizers, has thoroughly disrupted the ecology of the lakes. Against this grim backdrop, the recently negotiated, court-ordered Consent Decree opens the lakes to almost unbridled use of gill nets, one of the most indiscriminately lethal commercial gear types available to commercial fishers.

Jim Johnson graduated with a master's degree in Fisheries from Michigan State University. He spent 17 years as a fishery biologist with the states of Nebraska and Utah. From 1989-2014, he led the Michigan Department of Natural Resources Lake Huron Fisheries Research

Station, in Alpena, retiring in 2014. Jim is currently serving on the Besser Museum for Northeast Michigan's Board of Trustees. He volunteers as the biological consultant to the Coalition to Protect Michigan Resources in negotiating sustainable fishing in 1836 Treaty waters in the northern Great Lakes.

Frank Krist graduated with a bachelor's degree in Fisheries from Michigan State University. After serving a term in the Army, he furthered his education by attending graduate school at Central Michigan University majoring in Chemistry and limnology. Frank and his wife Theresa moved to Rogers City in 1974 where they are still residents. Frank worked for District Health Department #4 for 32 years as an environmental health inspector. During their first year in Rogers City, Frank became a strong advocate for sustainable fisheries and providing fishing opportunities for all users.

He has continued for 49 years to be a fishery advocate by Chairing two DNR Citizens Fisheries Advisory Committees. He represents the Hammond Bay Area Anglers Association as a member of the Coalition to Protect Michigan Resources which participated as an amicus during the negotiations of all three Consent Decrees. Frank, with the Coalition's attorneys for more than three years, has participated in nearly all the negotiation sessions of the newly implemented Consent Decree.

CITY INFORMATION

Tuesday, May 21 1:30 pm

ACC M. Briggs Ctr.

Coordinator: Pat Garant 231-640-9320

Cindy Johnson will provide updates about the city and the answer guest's questions.

Cindy Johnson served on the Planning Commission for eleven years before being elected to City Council in 2014. On City Council, she served as the first female Mayor Pro Tempore for the city for six years before being appointed Mayor in January 2014. She serves on several committees including the recycling authority NMMMA, DDA Design, HHS Board, Retirement Board, Goose Management Committee, and the Historic Study Committee. She adopted Culligan Plaza in 2017 and is on the committee for the redesign that will start in the spring of 2024.

COORDINATOR'S HUDDLE

Wednesday, May 22 10:00-11:30 am

ACC M. Briggs Center Room 143

Coordinator: Linda Ferguson 402-679-7669

The Program Coordinator is a valuable ingredient in all of ALL programs. ALL Program coordinators will meet and discuss coordinator experiences, receive updates for continuous improvement. The purpose of the meeting is to make ALL coordinators familiar with coordinating guidelines and how guidelines may have evolved over the years. Sharing of experiences and improvement ideas from those on the "front line" of coordinating is to be a main focus. Current coordinators and ALL members interested in becoming a program coordinator are encouraged to attend this informal gathering.

Refreshments will be available.

Linda Ferguson is the Coordinator's Coordinator. The Coordinator's coordinators job description includes finding coordinators for programs as well as helping coordinators be comfortable and successful with their assignments.

CYCLING IN COLORADO

Day: Thursday, May 23 1:30 pm

ACC M Rrians Ctr

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Coordinator: Ben Granlund

989-356-9360

This program will cover cycling in Colorado; Ride the Rockies six-day tour of the high country; and viewing the Black Canyon of the Gunnison, Rocky Mountain National Park, Garden of the Gods, and The Colorado Monument.

Vince and Mary Call have been bicycling since 1982, when they formed the Different Spokes Cycle Club in Alpena, which later became Thunder Bay Trails Association. Since 1976, they have resided in Alpena where they both worked and raised their two daughters, Erynn and Katie. They have recently retired and relocated in winter to the Fraser Valley of Colorado at Snow Mountain Ranch. They hope to continue exploring the American Southwest this spring, cycling and hiking the regional, National, and State Parks of the Four Corners area.

MEDICAID AND YOU

Tuesday, May 28 1:30 pm

ACC M. Briggs Center

Coordinator: Linda Ferguson 402-679-7669

Are you concerned about paying your current or future medical bills: Worried about how you would ever afford long term nursing home care if you need it: Would you have to sell your house to pay for it: Are you wondering whether you would be eligible for Medicaid and how to find out: How can you plan ahead: This program will cover the potential use of Medicaid to assist with medical expenses like these whether you have Medicare or not.

Judy McFalda is a lifelong resident of northern Michigan. She is a strong supporter of ALL and a practicing attorney in Rogers City with a focus on law relating to estate planning, elder law and other areas of everyday life

SPRING BIKE RIDE

Thursday, May 30 9:30 am—2:15 pm Herman Vogler Conservation Area

US 23 Heritage Route, Rogers City, MI

The annual spring 16-mile ride explores Volger Conservation Area, Hoeft Park, Rogers City Marina and Forty Mile Lighthouse. The route is a paved bike-way along Lake Huron and city streets. Lunch along the way will be part of the experience. Experienced bikers call this one of the most scenic routes in Northern Michigan. Helmets required.

Note: Bill Haase will contact riders with last minute details.

Bill Haase continues to organize our ALL bike rides and is again serving on the Executive Board.

TOUR OF THE OLD ALPENA FLOUR MILL

Friday, May 31 10 am

Alpena Flour Mill 633 W. Campbell St., Alpena

Maximum: 40

Coordinator: Jan Kane 989-464-7107



In the building of a community, the flour mill was viewed as a community institution, a building in which everyone had an interest. Many residents have shared their memories of the flour mill with us over the years. They recall fondly of the days they "came to town with their father to have their grain ground into flour". They recall the sounds and the smells of fresh grain emanating from this building.

Originally known as the Monarch Milling Company, ground was broken for this mill on

November 12, 1914. In 2019 Robert and Sarah Rings purchased the Alpena Flour Mill to restore and use as a family business. A full-scale restoration/renovation of the mill was started in August 2021 by Robert, this was a MASSIVE undertaking for one man to complete by himself. All of the building restoration was completed by Robert, as a project of passion. The goal of this



restoration/renovation was to bring the flour mill into modern times and ensure it would become a useful part of the Alpena Community for another 100 years. The commercial kitchen is housed in the back block portion of the building and was completed in 2022, which is when Robert commercially launched Olde Mill Coffee. Olde Mill Coffee is single-origin coffee roasted on a 100+-year-old coffee roaster produced by the A.J. Deer Company of Hornell, NY. There are currently only 4 of this style roaster known to exist and Robert is the only one roasting on one

Come tour this amazing old building and hear Robert's ideas for the future!

Robert is an Alpena native who has had a variety of careers and is now living his passion for making local history come to life. Robert had collected Alpena advertising for a while and saw Alpena Flour Mill bags for sale on eBay, and it got him thinking, and found out it was for sale. His wife Sarah was also interested in starting a family business, as she grew up working for her aunt and uncle who owned Jack's Landing. The purchase was finalized in December 2019 and it has been a work in progress since. It has been a roller coaster of emotion, doubt, and a huge amount of cash.

But now, on the verge of opening to the public in a 110-year-old building, he has single-

handedly been brought into modern times but has kept its original feel.

RECURRING SESSIONS

PICKLEBALL

Mondays, Wednesdays, Friday 9:00 to 11:00am

Location: APlex

Coordinator: Pamela Borchert 989-464-6044

Pickleball continues. Call the APlex for additional information. 989-354-6164. APlex fees apply.

DUPLICATE BRIDGE

Monday, May 6, 13, 20, 27, 2024 12:15 – 5:00 pm

Location: Call for Location in Alpena

Call Marci at 989-354-2306 or Bev at 989-595-5119 for more information Cost: \$2

A form of Bridge where partners play a fixed set of hands in competition with several other partners to see who does the best. This form of Bridge is for experienced Bridge partners interested in some friendly competition. It is also appropriate for individual experienced Bridge players interested in subbing from time to time.

PHOTOGRAPHY CLUB

Tuesday, May 14, 2024 7:00—9:00 pm

ACC Briggs Center

Coordinator: Dick Bremer 989-727-8028

Come and join us as we discuss reorganizing the focus of camera club to rekindle the excitement of taking superb photos.

https://us02web.zoom.us/j/84704597928:pwd=cGhDenlHa0tOMmhtWlh1N3cvMnNwdz09

Meeting ID: 847 0459 7928 Passcode: 635146

SQUARE DANCING

Fridays, May 3, 10, 17, 24, 31, 2024 4:00 to 6:00 pm

M. Briggs Center

Coordinator: Glenn Taylor (803) 292-9613

Looking for something to do with your significant other or with other people: Singles welcomeno partner needed. We are Mainstream dancers with Plus lessons mixed in.

We meet in Alpena on Fridays from 4-6 PM at the Madeline Briggs Center of Alpena Community College. Call Glenn at 803-292-9613 to get details.

Let's dance!

MEXICAN TRAIN DOMINOES

Tuesday, May 7,14, 21, 28, 2024 9:15—11:30 am

M. Briggs Center

Coordinator: Eileen Wikaryasz (989) 340-0608

Ready for a fun, addictive and fast-moving game that has lots of surprising twists and turns: Join us for Mexican Train Dominoes! You may join our class any time during the year.

CONTRACT BRIDGE

Friday, May 3, 10, 17, 24, 31, 2024 12:30 to 4:00 pm

M. Briggs Center

Coordinator: Julie Byrnes (734) 761-2123

This is an ongoing group of varied players who welcome any players at any time. We are a teaching class but we also welcome experienced players.

PINOCHLE

Wednesday, May 1, 8, 15, 22, 29, 2024 12:30—3 pm

M. Briggs Center

Coordinator: Mary Ann Kenne (989) 255-4414

Julie Byrnes is inviting you to join her and others in single deck Pinochle on Wednesdays.

SPITZER

Thursday, May 2, 9, 16, 23, 30, 2024 10:00 am

M. Briggs Center

Coordinator: Marilyn Klingshirn (989)354-0884

Spitzer is a challenging card game that requires lots of concentration. It is played extensively in our area mainly around Rogers City, Alpena and Posen, and regular tournaments are held. Spitzer-challenged people are welcome to come learn the game. Experienced players are welcome to come enjoy playing and guiding the newbies. Name tags encouraged.



Did you miss one of our programs:

Check out the new offerings on YouTube.

https://www.youtube.com/channel/UCYc9USUpJ2nsQDsJSLO01Nw

YOU Can also ACCESS: go to associationoflifelonglearners.org
Scroll half way down page and then click on All's YouTube channel

Back to the Top

Association of Lifelong Learners: Tel: (989)

ALL@alp

Bob Baugman illustrates fly casting loop prior to practice for the Introduction and Intermediate Concepts in Fly Fishing Class

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