



December 2024

Association of Lifelong Learners 665 Johnson St., Alpena, MI 49707 989-358-7207

Email: all@alpenacc.edu
Website: associationoflifelonglearners.org
Office Hours: Mon & Fri -11:00 am—1:00 pm
Tues & Thurs 9:00 am -1:00 pm—Closed Wed

Production of the ALL Program Guide is generously sponsored by McFalda Law Office.

Christmas Carols From Around the World Monday, December 2, 2024 ACC Madeline Briggs Center 140

10:00 am to 11:00 am

Coordinator: Jan Kane 986-464-7107

Trying to get into the Christmas spirit? Join Laura and Warren as they review their favorite Christmas carols from around the world, providing an overview of the contributions that many cultures have made to the global songbook.

Rev. Laura Hoffman is the Spiritual Care Manager for MyMichigan and the Chaplain at MyMichigan – Alpena. Her husband, Dr. Warren Hoffman, is Pastor Emeritus at Huron Shores Fellowship. They both have a love for music. Warren sang professionally.

Poland by Sue Nagy Monday, December 2, 2024 ACC Madeline Briggs Center 140 Coordinator: Pat Garant

1:30 pm to 2:30 pm

234-640-9320

Come and hear about Sue Nagy's experiences traveling in Poland. What most surprised her and what was as she expected. Sue loves to travel and to share her experiences with ALL and plans to bring some perogies for attendees to try.

Sue Nagy retired from the ALL board this year after many, many years of serving. She was always on hand to help especially when food was involved. She chaired the Moveable Feast and has given numerous presentations on her trips. Sue also writes articles for *The Alpena News*.



What's New at MyMichigan Health Alpena Tuesday, December 3, 2024 ACC Madeline Briggs Center 140

1:00 pm - 2:30 pm

Coordinator: Jan Kane 989 - 464 - 7107

Meet MyMichigan Alpena's new President and hear an update of recent and upcoming changes.

Hunter Nostrant began his role in Alpena in September 2024. Prior to joining MyMichigan, Hunter was president and CEO of Helen Newberry Joy Hospital and Healthcare Center (HNJH). Prior to his appointment in 2019, he was chief operating officer and chief financial officer. He also worked at both MyMichigan Medical Center Sault and at Precision Edge Surgical Products before joining HNJH in 2015. Hunter earned his bachelor's degree from Hope College in Holland, Michigan, and his Master of Health Administration from Capella University in Minneapolis, Minnesota. He is a Fellow of the American College of Healthcare Executives and earned a Rural Hospital CEO Certification through the National Rural Healthcare Association, amongst other credentials.

Giving Tuesday with The Community Foundation of Northeast Michigan Tuesday December 3, 2024 All Day Event



The Association of Lifelong Learners is a part of the Community Foundation for Northeast Michigan Giving Tuesday effort this year. Our focus for this campaign will be "Sight and Sound", in an effort to improve our vision and hearing experience with upgrades in our classroom technology. Giving Tuesday is a global day of giving back that falls on the Tuesday following Thanksgiving (after the popular shopping days of Black Friday and Cyber Monday). This year it falls on December 3rd. Mark your calendar, and watch for future emails and social media posts. When giving, 100% of your donation goes to our organization.

"We make a living by what we get, but we make a life by what we give." Winston Churchill



Have a presentation or hobby to share? Know someone who has a presentation or hobby to share? Or, do you have a topic you would like to learn more about? Contact the ALL Office at 989-358-7207 or email all@alpenacc.edu to share your ideas—ALL is always looking for new programs to offer.



Writing Workshop Wednesday, December 4, 2024

11:00 am - 12:30 pm

ACC Madeline Briggs 143

Number of attendees? Minimum #:3 Maximum #:12 Coordinator: MaryAnn Krajnik Crawford 989-916-5540

We will share short pieces of writing (your own or others') and discuss issues and techniques for writing, revising, and editing in a non-critical atmosphere.

MaryAnn Krajnik Crawford enjoys writing and teaching writing, including creative nonfiction and memoir writing.



The Mother Bears Thursday, December 5, 2024 **ACC Madeline Briggs Center 140** Coordinator: Priscilla Homola

1:00 - 3:00 pm

989-657-0000

"These knitters had such a fun time working on the bears for donating to the Mother Bear Project that they decided to make the gathering a habit and get together once a month," explained Florence Stibitz.

Priscilla Homola leads attendees on the making of a comfort toy, a cuddly bear. These bears are then sent to children in underdeveloped countries. As a child in Zambia said, "The bear is my only friend." For additional information about the Mother Bear project and the ALL program please contact Priscilla Homola.









ALL prefers that you register for our programs, but if things change in your schedule, give the ALL office a call @ (989) 358-7207 or call the program coordinator to let us know you are coming or not.



Leap of Faith - My Path to Becoming a Global Citizen By Adam Hart

ACC Madeline Briggs Center 140

Monday December 9, 2024 1:30 - 2:30 pm Coordinator: Marcia Connolly 989-356-2582

This will be a presentation about living and teaching abroad, world travels and human connection.

Adam Hart grew up in Alpena and has been living in East Asia for the last 12 years. Since moving to Taiwan and then China, he has traveled extensively with a particular focus on finding unique and authentic local experiences. Throughout his travels, he has become aware of and has focused on the connection we all have as humans living in today's world.

Book Lovers Tuesday, December 10, 2024 ACC Madeline Briggs Center 140

2:00 – 3:30 pm

Coordinator: Carey Rapin

989-354-3046

It is time for one of my favorite events. We warmly welcome new attendees for our gathering in which we give a brief synopsis of a book recently read or in the past, from any genre. A list is made of the suggestions and sent to you for further reference. It is also an opportunity to offer ideas for Christmas gift giving. Feel free to bring books for a book swap.

"THE ROOMS WERE VERY STILL WHILE THE PAGES WERE SOFTLY TURNED AND THE WINTER SUNSHINE CREPT IN TO TOUCH THE BRIGHT HEADS AND SERIOUS FACES WITH A CHRISTMAS GREETING." - Little Women -Louisa May Alcott

A voice remains in my head, "Carey, are you going to have your nose in that book all day?" My Mom

The ALL Board would like to wish Everyone a Happy Holiday Season as we look forward to another wonderful year of ALL Programs in 2025!





Photography Club

Tuesday, December 10, 2024

7:00 - 9:00 pm

ACC Madeline Briggs Center 140 - In Person

Coordinator: Dick Bremer 989-727-8028

Zoom Info: Mtg ID: 847 0459 7928 - Passcode: 635146

Come and join us as we discuss reorganizing the focus of camera club to rekindle the excitement of taking superb photos.

Happening—St. Bernard's Friendship Room Thursday, December 12, 2024 322 W. Chisholm, Alpena

3:30 – 5:00 pm

989-340-0858

On Thursday December 12, 2024 we will be celebrating our 12th annual dinner with the clients of the Friendship Room. Our social hour will begin at 3:30 P.M. with dinner to follow beginning at 4:00 P.M. Membership generosity in the past has resulted in contributions in excess of \$1,000 per year. If writing a check make it payable to All Saints – Alpena. On the memo line write Friendship Room. If you would prefer not to provide a monetary contribution it is suggested that you purchase a gift card from one of the following merchants: Gordon Food, Meijer, Walmart or a Dial-A-Ride voucher. Or provide any of these food items – baked beans, broth, butter, mayonnaise, Chicken or Beef broth. We look forward to seeing as many of you as possible to share a meal with the community at the Friendship Room.

Card Making

Monday December 16, 2024

1:00 - 3:00 pm

ACC Madeline Briggs Center 143

Cost: \$5 for materials

Coordinator: Jere Doyle

Number of attendees? Minimum #:5 Maximum #:10

Coordinator: Nancy Pohl 989-464-8859

If you have never made a card but want to try it, this class is for you. And if you attended in May this is ongoing. Cost is \$5. Nancy will provide paper and glue. You are to bring scissors, a ruler, and a pencil.

Nancy Pohl has been making cards and other artistic endeavors for years. She would like to share her talents with the participants.



Behind the Scenes: A Chat with Santa Tuesday, December 17, 2024

ACC Modeline Briggs Center 140

ACC Madeline Briggs Center 140

Coordinator: Linda Ferguson 402-679-7669

Spend an hour behind the scenes with Alpena's own Santa Claus. Santa will share some of the experiences he has had in Alpena. Learn how he became Santa and enjoy reliving some of his favorite, and maybe not so favorite, memories. This afternoon with Santa is for adults but no gift requests will be taken. Please bring a Christmas treat to share; coffee, tea and water will be provided.

Ron Denmark as Santa Claus, has been thrilling the children and adults of Alpena since 2019 and can be found in the Santa Claus cabin in downtown Alpena. He has been working hard with his elves at the North Pole to make the toys that will fulfill the dreams of Alpena children.

Journal Writing, Sharing Stories Wednesday, December 18, 2024 ACC Madeline Briggs Center 143

11 am - 12:30 pm

1:30 - 3:00 pm

Number of attendees? Minimum #: 4 Maximum #:15 Coordinator: MaryAnn Krajnik Crawford 989-916-5540

Come explore personal and memoir writing in a no-pressure atmosphere; prompts provided.

MaryAnn Krajnik Crawford, retired from Central Michigan University, continues to write for the fun of it.

SAVE THE DATE!!!!! Mark your December 12, 2024 WINTER HAPPENING AT St. Bernard's Friendship Room



RECURRING SESSIONS



PICKLEBALL

Mondays, Wednesdays, Fridays

9:00 - 11:00 am

APlex

Coordinator: Pamela Borchert

989-464-6044

Pickleball continues. Call the APlex for additional info @ 989-354-6164. APlex fees apply.



Duplicate Bridge

Mondays, December 2, 9, 16, 23, 30

12:15 – 4:00 pm 989-354-2306

Call for Location in Alpena. Call Marcy at or Bev at 989-595-5119 for more information

This is a form of Bridge where partners play a fixed set of hands in competition with several other partners to see who does the best. This form of Bridge is for experienced Bridge partners interested in some friendly competition. It is also appropriate for individual experienced Bridge players interested in subbing from time to time.



Mexican Train Dominoes

Tuesdays, December 3,10, 17

9:15 - 11:30 am

ACC Madeline Briggs Center 143

Coordinator: Eileen Wikaryasz

989-340-0608

Ready for a fun, addictive and fast-moving game that has lots of surprising twists and turns? Join us for Mexican Train Dominoes! You may join our class any time during the year.



Pinochle

Wednesdays, December 4, 11, 18

12:30 - 3:00 pm

ACC Madeline Briggs Center 143
Coordinator: Mary Ann Kenne

989-255-4414

Julie Byrnes is inviting you to join her and others in single deck Pinochle on Wednesdays.

ALL is supported by membership fees. Guests are always welcome. A modest donation from guests for the value of your experience is always appreciated.

RECURRING SESSIONS



Spitzer
Thursdays, December 5, 12, 19
ACC Madeline Briggs Center 143
Coordinator: Marilyn Klingshirn

10:00 - 11:30 am

989-354-0884

Spitzer is a challenging card game that requires lots of concentration. It is played extensively in our area, mainly around Rogers City, Alpena, Posen, and regular tournaments are held. Spitzer-challenged people are welcome to come learn the game. Experienced players are welcome to come enjoy playing and guiding the newbies. Name tags encouraged.



Contract Bridge
Fridays, December 6, 13, 20
ACC Madeline Briggs Center 140
Coordinator: Julie Byrnes

12:30 - 3:00 pm 734-761-2123

This is an ongoing group of varied players who welcome all players at any time. We are a teaching class but welcome experienced players also.



Square Dancing
Fridays, December 6, 13, 20
ACC Madeline Briggs Center 140
Coordinator: Glenn Taylor

4:00 - 6:00 pm

803-292-9613

Looking for something to do with **your** significant other or with other people? Singles welcome - **no** partner needed. We are Mainstream dancers with Plus lessons mixed in. We meet in Alpena on Fridays from 4 - 6 PM at the Madeline Briggs Center of Alpena Community College. Call Glenn at 803-292-9613 to get details. Let's dance!

If you missed an ALL program that you wanted to catch you may find it on our YouTube channel. Over 200 programs have been recorded and can be found here:

https://www.youtube.com/@associationoflifelonglearn3593



Highlights of Recurring Sessions Pickleball



After playing golf one Saturday in 1965 during the summer, Joel Pritchard, congressman from Washington State and Bill Bell, successful businessman, returned to Pritchard's home on Bainbridge Island, WA (near Seattle) to find their families sitting around with nothing to do. The property had an old badminton court so Pritchard and Bell looked for some badminton equipment and could not find a full set of rackets. They improvised and started playing with ping-pong paddles and a perforated plastic ball. At first they placed the net at badminton height of 60 inches and volleyed the ball over the net. As the weekend progressed, the players found that the ball bounced well on the asphalt surface and soon the net was lowered to 36 inches. The following weekend, Barney McCallum was introduced to the game at Pritchard's home. Soon, the three men created rules, relying heavily on badminton. They kept in mind the original purpose, which was to provide a game that the whole family could play together.

Pickleball is the fastest-growing sport in the United States, according to the Sports & Fitness Industry Association (SFIA). In 2023, the SFIA estimated that 36.5 million people played pickleball at least once, which is 14% of the adult population. Pickleball is one of the biggest sports in the US, after running and cycling.

ALL sponsors PB play year round with summer play at McRae Park (no fee) and The Aplex during winter months. There is level of play for all players from beginner to intermediate. Every day of every weekday has scheduled Pickleball play. It's a great sport to keep moving and work on balance and coordination. Pickleball is how many ALL members have met and continue to enjoy the comradery of the game.

If you would like to try your hand at Pickleball, consult the times and place in the Guide. There will always be players that will welcome you and help you learn Pickleball at your own pace.



December 2024

s	Mon	Tue	Wed	Thur	Fri	s
1	2 Pickleball 9-11 am Christmas Carols 10-11:00 am Poland 1:30-2:30 pm Dup Bridge 12:15-4 pm	3 Dominoes 9:15 -11:30 am What's New 1:00 - 2:30 pm Giving Tuesday All Day Event	4 Pickleball 9:00 –11:00 am Writing Workshop 11:00 –12:30 pm Pinochle 12:30 - 3 pm	5 Spitzer 10 - 11:30 am Mother Bears 1:00 -3:00 pm	6 Pickleball 9 -11 am Bridge 12 :30 - 3 pm Sq Dancing 4 - 6 pm	7
8	9 Pickleball 9 -11 am Dup Bridge 12:15 - 4 pm Adam Hart 1:30 -2:30 pm	10 Dominoes 9:15 -11:30 am Booklovers 1:30 -3:00 pm Photography 7:00 -9:00 pm	11 Pickleball 9:00 –11:00 am Pinochle 12:30 - 3 pm	12 Spitzer 10 - 11:30 am December Happening 3:30 - 5:00 pm	13 Pickleball 9 -11 am Bridge 12:30 - 3:00 pm Sq Dancing 4 - 6 pm	14
5	16 Pickleball 9-11:00 am Dup Bridge 12:15 - 4 pm Card Making 1:00 -3:00 pm	17 Dominoes 9:15 -11:30 am Behind the Scenes 1:30 -3:00 pm	18 Pickleball 9 -11 am Journal Writing 11:00 -12:30 pm Pinochle 12:30 - 3 pm	19 Spitzer 10 - 11:30 am	20 Pickleball 9 -11 am Bridge 12:30 - 3:00 pm Sq Dancing 4 - 6 pm	21
2	23 Pickleball 9 -11 am Dup Bridge 12:15 - 4 pm	24 ACC Closed	25 ACC Closed	26 ACC Closed	27 Pickleball 9 -11 am ACC Closed	28
9	30 Pickleball 9 - 11 am Dup Bridge 12 :15 - 4 pm	31 ACC Closed	1	2	3	4



665 Johnson St.

Madeline Briggs Building

Alpena, MI 49707