

The ALL Board would like to wish Everyone a Happy Holiday Season as we look forward to another wonderful year of ALL Programs in 2025!





Production of the ALL Program Guide generously

sponsored by McFalda Law Office.

- ALL news
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- Programs for the Next Month

ALL News

GI VING TUESDAY

The Association of Lifelong Learners is participating in the Community Foundation for Northeast Michigan's Giving Tuesday campaign. Our focus for this campaign will be "Sight and Sound", in an effort to improve our vision and hearing experience with upgrades in our classroom technology. Giving Tuesday is a global day of giving back that falls on the Tuesday following Thanksgiving (after the popular shopping days of Black Friday and Cyber Quick Links

ALL Website Calendar Program Information:

http://associationoflifelonglearners.org/calendarassociation-of-lifelong-learners/

ALL YouTube Channel https://www.youtube.com/ channel/UCYc9USUpJ2 nsQDsJSLO01 Nw

Association of Life Long Learning 665 Johnson Street alpena, Michigan 49707 US

989-358-7207 all@alpenacc.edu

11 – 3 M and F 9 – 1 T and TH Closed Wednesday Monday). This year it talls on **December 3rd**. Mark your calendar, and watch for future emails and ALL <u>social media posts</u>. When giving, 100% of your donation goes to our organization.

If you have a Facebook page, please share this to your site:

https://www.facebook.com/lifelonglearnersalpena/videos/580722840981153

Thank you!

SAVE THE DATE!!!!! Mark your December 12, 2024 WINTER HAPPENING AT St. Bernard's Friendship Room



Have you already noticed that early in the week of November 25th, that ALL made a change to the Greeting when you call the ALL Office? You are now offered two choices. The greeting will say Press one if you want to register for an ALL program or press two to speak to the office. After pressing one, the message will give you additional information on registering.

The second choice offered is to press 2 to speak with the Office administration. When pressing 2 it will immediately ring to the Office phone. We hope this will provide a good option for those who may not need to talk with the Office or those who want to register for a program during nonbusiness hours.

Have a wonderful and safe Thanksgiving!

Sherry Anderson



Last month, as you know, there was a very successful bus tour of Montmorency County. Here is the link to an Alpena News article about the tour. <u>https://www.thealpenanews.com/life/2024/10/all-group-enjoys-bus-</u> tour-of-montmorency-county/

ALL Electronic Registration System Update

The Association of Lifelong Learners has implemented **a system for** registering for ALL programs online starting with the Association's July programs. You will still be able to register with the form included with your Program guide. However, you may find it easier to register You can use the following link to use the new system.

https://forms.office.com/r/jwCN2219mU

Or the QR code:

24 ALL December Registration Form



Welcome our new members!

- Joan Ludwig
- Jena Townsend

The ALL office prefers that you register for a program but if things change in your schedule, give the ALL office a call @ (989) 358-7207 or call the coordinator to let them know you are coming.

Do you have a presentation... or hobby to share? Do you know someone who has a presentation or hobby to share? Do you have a topic you would like to learn more about?

Contact the ALL Office at 989-358-7207 or email <u>all@alpenacc.edu</u> to share your ideas - ALL is always looking for new programs to offer.

Be a positive example to others

Senior Attitudes

Be a positive example to others

As I was writing my opening line "What is hope if not the decision to shine light into the dark," my son read the paragraph and wrote his own. "Hope is a dancer at the strip club in Detroit."

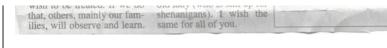
I might have been mad if I stopped laughing. This is an important part of family life. We need to laugh, cry, hug, and be there for each other. This is strong in a senior's life because all we can pass down that is visible to our younger family members is the way we treat others. If we treat others as a great man named Jesus said, we should treat others as we wish to be treated. If we do We must be an example. An example may be our final gift to our families. What do you remember

What do you remember from your grandparents? Hugs, kisses, and playing cards is what I remember. I also recollect negative racial stereotypes that they didn't even realize were offensive. Hopefully, my generation has learned bet-

ter. I love my children and love it when they ask me for a baby quilt as a gift for someone who needs it I love it when I see the generosity and love they have for others. I am a content old lady (who is still up for



By SUE NAGY



Photographers Corner



ALL meets DECA* meets ALL in successful tech workshop.

There were smiles all around as the students from Alpena High School's DECA * (not an acronym, formerly Distributive Clubs of America) helped ALL members solve the mysteries of their technology devices. ALL members brought their laptop and cell phone concerns to Briggs Thursday October 24, and the DECA students and their advisor, Amanda Pilarski, shared their knowledge and skills to answer those concerns. The session was viewed as a success by all concerned. The next scheduled ALL Tech Workshop will be Thursday, January 23 at 3:00 pm.

*DECA prepares emerging leaders and entrepreneurs in marketing, finance,

hospitality, and management in high schools and colleges around the globe. DECA's competitive events let members experience what it is like to be a business professional.



A delightful group of ALL members enjoyed conversation and brats at

Nowicki's Sausage Shop on November 14, 2024. The food was unique and delightful, the conversation historical and fun. Join the ALL Moveable Feast in January for brunch at Alpena's Olde Mill.



Board member Jan Charter presented a program, October 22nd on current scams. Below are some of the highlights.

TELEPHONE SCAMS

- · Problem with your account
- · Fake charity scams
- · Posing as IRS or law enforcement
- Tech Support claim
- Free vacation and/or prize
- Phony debt collector
- RED FLAGS
 - Asking for account number, password, DOB, SSN

 - Need immediate answer
 Requests payment through gift card
 If it sounds to good to be true...

Although the title of this slide relates to scams via telephone, this can be just as applicable to emails, text messages, or postal mail. The important things are the red flags, which can apply to just about anything. If you see a red flag, be cautious. Better yet, run away

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IMPOSTOR SCAMS and IDENTITY THEFT • WHAT IS THIS? · A scammer pretends to be someone else to deceive you and manipulate you into sending them money or divulging personal information · Could be via phone call, text, or email

- MANY RED FLAGS COVERED RE TELEPHONE SCAMS
- NEW WORRY VOICE CLONING
 - Scammer clones a family member's voice, calls pretending to be in trouble, asks for \$ ASAP
 - · Call the family member or another family member

Impostor scams have been around for a long time, but Artificial Intelligence could make them seem even more realistic. Always contact the company or person at issue in a way you know is legitimate before agreeing to anything.

Impostor scams have been around for a long time, but Artificial Intelligence could make them seem even more realistic. Always contact the company or person at issue in a way you know is legitimate before agreeing to anything.

WHERE TO COMPLAIN



- FTC.GOV or CONSUMER.FTC.GOV
- Michigan.gov/consumerprotection
 877-765-8388
- BBBs in Southfield & Grand Rapids
 866-788-5706

Not only are these agencies places to lodge complaints, but their websites contain a wealth of information on businesses and scams of many different types. They can teach you how to protect yourself.

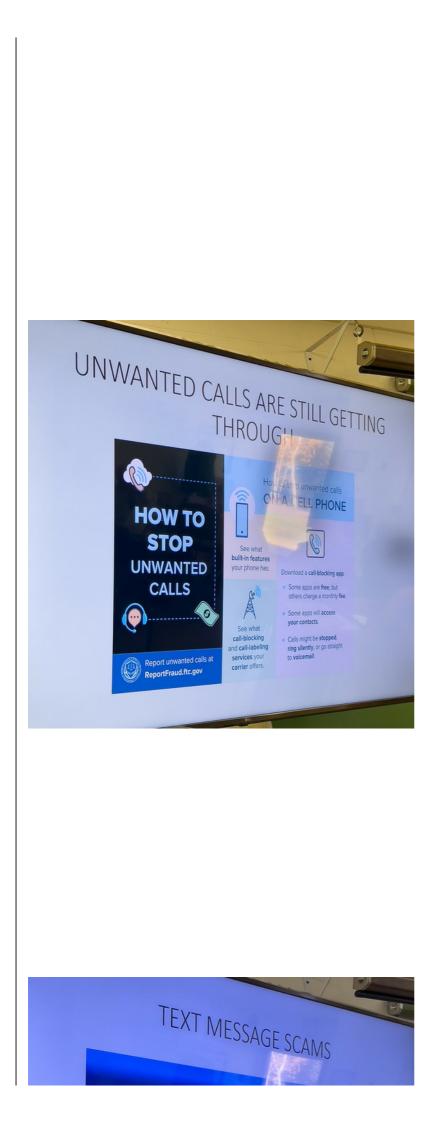
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Here are a couple of pictures I took of slides shown during the program.



There is lots to be learned about handling funeral planning.



Is that text message about your FedEx package really a scam?

ONLINE SECURITY

- Protect your computer by using security softwa
 with auto updates
- Ditto for cell phone
- Protect your accounts by using multi-factor authentication
 - Use strong passwords
 - National Institute of Standards has new password security guide
 - E.g., longer passwords, eliminate hints that are easily discov
- Protect your data by backing it up

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Spaghetti Dinner Wrap up!

on Tuesday evening November 5th at ACC. Many complements and appreciation for all your hard work before, during and after the evening event. We served approx.. 230 meals to 220 guests plus 10 take-out meal customers.



The Special pasta meal and ice cream Sunday bar was really enjoyed by all. A Special thanks to the Alpena students, Neighborhood Provision and member's guest volunteering at the evening event. Our 50/50 raffle and auctions were a real success thankful for the many great donations from ALL members and local businesses. A special thanks to Don and Tina MacMasters for the delicious pasta sauce, to Ray and Cathy Bock for all the kitchen help and food purchases, and to the Facility Staff for setting up the dining rooms and providing custodian care.





Great Food, Great Service, Great Attractions, And Mostly Great Volunteers Made this event a Real success and a Great Evening.

Thanks to All for volunteering your time, talents and helping hands, Bill Haase-- (ALL -Spaghetti Dinner/Raffle Committee)





Dale Kelly serving spaghetti with Mike Mandrick, and Jere Doyle, MC for the Auction!





Thanks to Lisa Blumenthal for the wonderful photos.



New ALL members and hoard members sharing what ALL can provide

during the recent New Member Welcome!

WINTER HAPPENING

AT ST. BERNARDS FRIENDS Center of Charity

On Thursday December 12 we will be celebrating our 12th annual dinner with the clients of the Friendship Room. Our social hour will begin at 3:30 P.M. with dinner to follow beginning at 4:00 P.M.

Membership generosity in the past has resulted in contributions in excess of \$1,000 per year.

• In writing a check make it payable to All Saints – Alpena. On the memo line write Friendship Room.

If you would prefer to not provide a monetary contribution it is suggested that you purchase a gift card from one of the following merchants.

- Gordon Food
- Meijer
- Wall-Mart
- Dial-A-Ride ticket voucher

Or provide any of the following food items:

- Baked Beans
- Broth
- Butter
- Mayonnaise
- Chicken Broth
- Beef Both

We look forward to seeing as many of you as possible to share a meal with the clients at the Friendship Room.



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December PROGRAMS

Christmas Carols From Around the World

Monday, December 2, 2024	
ACC Madeline Briggs Center 140	
Coordinator: Jan Kane	

10am to 11am 986-464-7107

Trying to get into the Christmas spirit? Join Laura and Warren as they review their favorite Christmas carols from around the world, providing an overview of the contributions that many cultures have made to the global songbook.

Rev. Laura Hofman is the Spiritual Care Manager for MyMichigan



and the Chaplain at MyMichigan – Alpena. Her husband, Dr. Warren Hofman, is Pastor Emeritus at Huron Shores Fellowship. They both have a love for music. Warren sang professionally.

Poland by Sue Nagy

Monday, December 2, 2024	1:30 pm to 2:30 pm
ACC Madeline Briggs Center 140	
Coordinator: Pat Garant	234-640-9320

Come and hear about Sue Nagy's experiences traveling in Poland. What most surprised her and what was as she expected. Sue loves to travel and to share her experiences with ALL and plans to bring some perogies for attendees to try.

Sue Nagy retired from the ALL board this year after many, many years of serving. She was always on hand to help especially when food was involved. She chaired the Moveable Feast and has given numerous presentations on her trips. Sue also writes articles for *The Alpena News*.

What's New at MyMichigan Health Alpena

Tuesday, December 3, 2024	1 pm – 2:30 pm
ACC Madeline Briggs Center 140	
Coordinator: Jan Kane	989 - 464 - 7107

Meet MyMichigan Alpena's new President and hear an update of recent and upcoming changes.

Hunter Nostrant began his role in Alpena in September 2024. Prior to joining MyMichigan, Hunter was president and CEO of Helen Newberry Joy Hospital and Healthcare Center (HNJH). Prior to his appointment in 2019, he was chief operating officer and chief financial officer. He also worked at both MyMichigan Medical Center Sault and at Precision Edge Surgical Products before joining HNJH in 2015.

Hunter earned his bachelor's degree from Hope College in Holland, Michigan, and his Master of Health Administration from Capella University in Minneapolis, Minnesota. He is a Fellow of the American College of Healthcare Executives and earned a Rural Hospital CEO Certification through the National Rural Healthcare Association, amongst other credentials.

Giving Tuesday with -

The Community Foundation of Northeast MichiganTuesday December 3, 2024All Day Event.

The Association of Lifelong Learners is a part of the Community Foundation for Northeast Michigan Giving Tuesday effort this year. Our focus for this campaign will be "Sight and Sound", in

an effort to improve our vision and hearing experience with upgrades in our classroom technology. Giving Tuesday is a global

day of giving back that falls on the Tuesday following Thanksgiving (after the popular shopping days of Black



Friday and Cyber Monday). This year it falls on December 3rd. Mark your calendar, and watch for future emails and social media posts. When giving, 100% of your donation goes to our organization.



Sight and Sound Project Learning for a Lifetime

"We make a living by what we get, but we make a life by what we give." Winston Churchill

Writing Workshop

Wednesday, December 4, 2024 ACC Madeline Briggs 143

11am - 12:30pm

Number of attendees? Minimum #:3 Maximum #:12 Coordinator: MaryAnn Krajnik Crawford 989-916-5540

We will share short pieces of writing (your own or others') and discuss issues and techniques for writing, revising, and editing in a non-critical atmosphere.

MaryAnn Krajnik Crawford enjoys writing and teaching writing, including creative nonfiction and memoir writing.

The Mother Bears

Thursday, December 5, 2024	1 - 3 pm
ACC Madeline Briggs Center 140	
Coordinator: Priscilla Homola	989-657-0000



"These knitters had such a fun time working on the bears for donating to the Mother Bear Project that they decided to make the gathering a habit and get together once a month," explained Florence Stibitz.

Priscilla Homola leads attendees on the making of a comfort toy, a cuddly bear. These bears are then sent to children in underdeveloped countries. As a child in Zambia said, "The bear is my only friend." For additional information about the Mother Bear project and the ALL program please contact Priscilla Homola.

Leap of Faith - My Path to Becoming a Global Citizen By Adam Hart

ACC Madeline Briggs Center 140 Monday December 9, 2024 **Coordinator: Marcia Connolly**

1:30 - 2:30 pm 989-356-2582

This will be a presentation about living and teaching abroad, world travels and human connection.



Adam Hart grew up in Alpena and has been living in East Asia for the last 12 years. Since moving to Taiwan and then China, he has traveled extensively with a particular focus on finding unique and authentic local experiences. Throughout his travels, he

has become aware of and has focused on the connection we all have as humans living in today's world.

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Book Lovers

Tuesday, December 10, 2024	2 – 3:30 pm
ACC Madeline Briggs Center 140	
Coordinator: Carey Rapin	989-354-3046

It is time for one of my favorite events. We warmly welcome new attendees for our gathering in which we give a brief synopsis of a book recently read or in the past, from any genre. A list is made of the suggestions and sent to you for further reference. It is also an opportunity to offer ideas for Christmas gift giving. Feel free to bring books for a book swap.

"THE ROOMS WERE VERY STILL WHILE THE PAGES WERE SOFTLY TURNED AND THE WINTER SUNSHINE CREPT IN TO TOUCH THE BRIGHT HEADS AND SERIOUS FACES WITH A CHRISTMAS GREETING."

- Little Women -Louisa May Alcott

A voice remains in my head, "Carey [Rapin], are you going to have your nose in that book all day?" My Mom

Photography Club

Tuesday, December 10, 20247 - 9 pmACC Madeline Briggs Center 140In Person Coordinator: Dick Bremer989-727-8028Zoom Mtg ID: 847 0459 7928 - Passcode: 635146



Come and join us as we discuss reorganizing the focus of camera club to rekindle the excitement of taking superb photos.

Happening—St. Bernard's Friendship Room

Thursday, December 12, 2024 322 W. Chisholm, Alpena Coord



inator: Jere Doyle

989-340-0858

3:30 - 5 pm

On Thursday December 12, 2024 we will

be celebrating our 12th annual d

inner with the clients of the Friendship Room. Our social hour will begin at 3:30 P.M. with dinner to follow beginning at 4:00 P.M. Membe

rship generosity in the past has resulted in contributions in excess of \$1,000 per year. If writing a check make it payable to All Saints – Alpena. On the memo line write Friendship Room.

If you would prefer not to provide a monetary contribution it is suggested that you purchase a gift card from one of the following merchants: Gordon Food, Meijer, Walmart or a Dial-A- Ride voucher. Or provide any of these food items - baked beans, broth, butter, mayonnaise, Chicken or Beef broth.

We look forward to seeing as many of you as possible to share a meal with the community at the Friendship Room.

Card Making

Monday December 16, 2024 1 - 3 pm ACC Madeline Briggs Center 143 Cost: \$5 for materials Number of attendees? Minimum #:5 Maximum #:10 **Coordinator: Nancy Pohl** 989-464-8859

If you have never made a card but want to try it, this class is for you. And if you attended in May this is ongoing. Cost is \$5. Nancy will provide paper and glue. You are to bring scissors, a ruler, and a pencil.

Nancy Pohl has been making cards and other artistic endeavors for years. She would like to share her talents with the participants.

Behind the Scenes: A Chat with Santa

Tuesday, December 17, 2024	1:30 - 3:00 pm
ACC Madeline Briggs Center 140	
Coordinator: Linda Ferguson	402-679-7669



Spend an hour behind the scenes with Alpena's own Santa Claus. Santa will share some of the experiences he has had in Alpena. Learn how he became Santa and enjoy reliving some of his favorite, and maybe not so favorite, memories. This afternoon with Santa is for adults but no gift requests

will be taken. Please bring a Christmas treat to share; coffee, tea and water will be provided.

Ron Denmark as Santa Claus, has been thrilling the children and adults of Alpena since 2019 and can be found in the Santa Claus cabin in downtown Alpena. He has been working hard with his elves at the North Pole to make the toys that will fulfill the dreams of Alpena children.

Journal Writing, Sharing Stories

11 am - 12:30 pm

Wednesday, December 18, 2024 ACC Madeline Briggs Center 143 Number of attendees? Minimum #: 4 Maximum #:15 Coordinator: MaryAnn Krajnik Crawford 989-916-5540



Come explore personal and memoir writing in a nopressure atmosphere; prompts provided.

MaryAnn Krajnik Crawford, retired from Central Michigan University, continues to write for the fun of it.

Have a presentation or hobby to share? Know someone who has a presentation or hobby to share? Or, do you have a topic you would like to learn more about? Contact the ALL Office at 989-358-7207 or email all@alpenacc.edu to share your ideas—ALL is always looking for new programs to offer.

RECURRING SESSIONS

PICKLEBALL

Mondays, Wednesdays, Fridays 9 - 11 am APlexCoordinator: Pamela Borchert 989-464-6044



Pickleball continues. Call the APlex for additional info @ 989-354-6164. APlex fees apply.

Duplicate Bridge

Mondays, December 2, 9, 16, 23, 30 12:15 – 4 pm Call Marcy at 989-354-2306 for location in Alpena or Bev at 989-595-5119 for more information.

This is a form of Bridge where partners play a fixed set of hands in competition with several other partners to see who does the best. This form of Bridge is for experienced Bridge partners interested in some friendly competition. It is also appropriate for individual experienced Bridge players interested in subbing from time to time.

Mexican Train Dominoes

Tuesdays, December 3,10, 17	9:15 - 11:30 am
ACC Madeline Briggs Center 143	
Coordinator: Eileen Wikaryasz	989-340-0608

Ready for a fun, addictive and fast-moving game that has lots of surprising twists and turns? Join us for Mexican Train Dominoes! You may join our class any time during the year.

Pinochle

Wednesdays, December 4, 11, 1812:30 - 3 pmACC Madeline Briggs Center 1432000Coordinator: Mary Ann Kenne989-255-4414

Julie Byrnes is inviting you to join her and others in single deck Pinochle on Wednesdays.

Spitzer

Thursdays, December 5, 12, 19 ACC Madeline Briggs Center 143 Coordinator: Marilyn Klingshirn 10 - 11:30 am

989-354-0884

Spitzer is a challenging card game that requires lots of concentration. It is played extensively in our area, mainly around Rogers City, Alpena, Posen, and regular tournaments are held. Spitzer-challenged people are welcome to come learn the game. Experienced players are welcome to come enjoy playing and guiding the newbies. Name tags encouraged.

Contract Bridge

Fridays, December 6, 13, 20	12:30 - 3 pm
ACC Madeline Briggs Center 140	
Coordinator: Julie Byrnes	734-761-2123

This is an ongoing group of varied players who welcome all players at any time. We are a teaching class but welcome experienced players also.

Square Dancing

Fridays, December 6, 13, 20	4 - 6 pm
ACC Madeline Briggs Center 140	
Coordinator: Glenn Taylor	803-292-9613

Looking for something to do with **your** significant other or with other people? Singles welcome - **no** partner needed.

We are Mainstream dancers with Plus lessons mixed in. We meet in Alpena on Fridays from 4 - 6 PM at the Madeline Briggs Center of Alpena Community College.

Call Glenn at 803-292-9613 to get details.

Let's dance!

ALL is supported by membership fees. Guests are always welcome. A modest donation from guests for the value of your experience is always appreciated.

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Here is another program at the Marine Sanctuary that you might want to enjoy!

National Marine Sanctuaries National Oceanic & Atmospheric Administration Thunder Bay National Marine Sanctuary



The Two Towers: An Archaeological Biography of the Garrity Family



Presented by Sophie Stuart TBNMS Education & Outreach Specialist



combine in an exploration of the lives of lighthouse keepers in the Great Lakes. The Garrity family had a long and illustrious career within the lighthouse service throughout the Great Lakes, but the majority of their service was spent at the Old and New Presque Isle Lighthouses and the Presque Isle Range Light.

Local, historical, and material records

Join sanctuary Education and Outreach Specialist, Sophie Stuart, as she discusses her thesis research on the Garrity family and their time at the Presque Isle Lighthouses.

At this lecture you will learn about the daily life of a lighthouse keeper and some fascinating local maritime history as we examine artifacts recovered from the New Presque Isle Lighthouse and connect them to the families who lived there.

Join us for an evening of immersive history, local connection, and appreciation for this incredible family and their service to the safety of ships on the Great Lakes throughout the 19th and 20th centuries.



FREE ADMISSION Wednesday, December 4th 5:30pm Doors Open 6:00pm Presentation at the Great Lakes Maritime Heritage Center 500 W. Fletcher St in Alpena, Michigan

thunderbay.noaa.gov



If you missed an ALL program that you wanted to catch, you may find it on our YouTube channel. Over 200 programs have been recorded and can be found here:

https://www.youtube.com/@associationoflifelonglearn3593

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Association of Lifelong Learners: Tel: (989) 358-7207 ALL@alpenacc.edu 665 Johnson St Alpena MI 49777

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