

Association of Lifelong Learners 665 Johnson St., Alpena, MI 49707 989-358-7207

Email: all@alpenacc.edu Website: associationoflifelonglearners.org Office Hours: Mon & Fri -11:00 am—1:00 pm Tues & Thurs 9:00 am -1:00 pm—Closed Wed

Production of the ALL Program Guide is generously sponsored by McFalda Law Office.

## Behind the Scenes with ACO - Michele Reid Tuesday, January 7, 2025 ACC Madeline Briggs Center 140 Coordinator: Lisa Blumenthal

Join us for a presentation on the vital role of an Animal Control Officer. Learn about their responsibilities in protecting public safety, enforcing animalrelated laws, and ensuring the humane treatment of animals. This essential role safeguards both people and pets, addressing concerns such as stray animals and cases of neglect or abuse. **Please be respectful of the difficult nature of this role.** 

**Michelle Reid**, in January 2017, became the Animal Control Officer (ACO) for the Alpena County Sheriff's Office. Since 2018, she has led the Animal Control Shelter to maintain no-kill status as a stand-alone facility. She launched the county's first low-cost vaccination and feline spay/neuter clinics, expanding access to pet care. Her efforts also secured Alpena County's first "lifetime ban on animal ownership" in a landmark 2019 animal cruelty case. Deputy Michelle Reid has dedicated her career to serving her community and its animals.

## Uganda

## Thursday, January 9, 2025 ACC Madeline Briggs Center 140 Coordinator: Sandy Paquette

I will tell about my 10-day mission trip to Sayyi, Uganda, with Claudia Werner of the organization Building Up. I hope to show photos of our trip and bring out the highlights of the trip. Towards the end of our stay, we went on a two-day safari, and as a high point spent an afternoon with lions in a large nature preserve.

**Priscilla Homola** taught English for 33 years at ACC, retiring at the end of 2022. Although she has traveled and studied in many countries, she had never been in Africa, so this trip was a culmination of a life-long dream.

Autism, ABA Therapy and Pathways Autism Center	
Friday, January 10, 2025	10:30 <i>–</i> 11:30 am
ACC Madeline Briggs Center 140	
Coordinator: Bev Bodem	989-354-4656

Presentation and discussion on Autism, ABA Therapy and Pathways Autism Center.

**Sarah Card** is the Clinic Director of ABA Pathways Autism Center at the Alpena location. Before moving to the area in 2023, she was a practicing Pediatric Physical Therapist Assistance and Clinic Director at Euro-Therapies as well as a college instructor for Baker College. Along with working in the Autism field professionally, she is also the mom to an adult son living with Autism.



1:30 - 3:00 pm

989-292-1487

1:30 - 2:30 pm 989-354-3486

#### Greece, Turkey and the Aegean Islands - A Travelogue Tuesday January 14, 2025 1:30 - 3:00 pm ACC Madeline Briggs Center 140 Coordinator: Mike Mandrick

989-255-2689

Travel vicariously. Join Rocky Roland as he takes you along on a recap of his recent trip to Greece: Athens, Delphi, Meteora...a small (very small) ship cruise of the Greek Islands: Syros, Mykonos, Kos, Santorini, Patmos, Kalymnos...and Turkey: Ephesus, Istanbul, Cappadocia, Hattusa and Ankara. This will be a great way to experience educational travel.

Rocky and Ginny Roland are active ALL members and inveterate travelers. In the last 15 years they have taken over ten cruises, many to exotic locations with four or five cruises longer than 30 days each. In 2022 they ventured out on one of their most adventurous tours, a 74-day cruise circumnavigating Africa. Rocky and Ginny often share their travel experiences with ALL, with their previous adventure talk being about an Overseas Adventure Travel trip to the Baltic capitals and Samiland (Lapland) in extreme northern Finland.



Journal Writing, Sharing Stories Wednesday, January 15, 2025 11 am – 12:30 pm ACC Madeline Briggs Center 143 Number of attendees? Minimum #: 4 Maximum #:15 Coordinator: MaryAnn Krajnik Crawford 989-916-5540

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Come explore personal and memoir writing in a no-pressure atmosphere; prompts provided.

MaryAnn Krajnik Crawford, retired from Central Michigan University, continues to write for the fun of it.

Growing Up in South Africa—Henlie Englebrect	
Thursday, January 16, 2025	1:30 – 3:00 pm
Madeline Briggs University Center #140	
Coordinator: Linda Ferguson	402-679-7669
Number of attendees? Minimum #: 5 Maximum #: 20	

Back by popular demand, Henlie Englebrecht, took us behind the scenes of owning a local motel in October 2024. Now Henlie will share her experiences growing up in South Africa. Henlie's lively sense of humor and love of people will keep you thoroughly entertained.

Henlie Engelbrecht immigrated from South Africa with the dream of owning a small motel in the USA. She and her husband have owned the Big Bear Lodge on South US 23 for 5 years.

#### Moveable Feast– Olde Mill Coffee Monday, January 20, 2025 Olde Mill Coffee - 633 W. Campbell, Alpena Coordinator: Jane Roose

STRICT SEATING LIMIT of 30. RESERVATIONS A MUST! BREAKFAST ORDER <u>MUST BE MADE ON OR BEFORE WEDNESDAY, JANUARY 15, 2025!</u> For menu selections, Google "Olde Mill Coffee menu." The first photo is the food menu, the second is drinks. Please e-mail Jane at <u>rooses@charter.net</u> your menu selections on or before Wednesday, January 15, 2025. If you do not have access to Google, call Jane at 989-255-5673 for menu choices by Wednesday, January 15, 2025. <u>COORDINATOR WILL PLACE</u> ORDERS AT OLDE MILL COFFEE ON THURSDAY, JANUARY 16, 2025.

Olde Mill Coffee produces coffee that is all single-origin, ethicallysourced and hand-crafted on a 100+ year-old Royal Coffee Roaster. Come and join Roaster Robert Rings as he opens his historic space for a unique breakfast experience exclusively for ALL members. The building was constructed in 1914 and used as a grist and flour mill starting in 1916 operated by the Monarch Milling Company. By 1920, it was known as the Alpena Flour Mills producing "Leader" and "Velvo" brand flour. The building is on the State of Michigan Registry of Historic Sites. The flour mill was a meeting place in which travelers would catch up on world news, post an ad on the bulletin board and rest while their flour was being processed. Notices were posted on the board about upcoming farm auctions, church socials, 4-H Club activities and the like. (Much of this information from Alpena News article of October 12, 2024.) You can even make a call in the operational phone booth!

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Card Making Monday January 20, 2025 1:00 - 3:00 pm ACC Madeline Briggs Center 140 Cost: \$5 for materials Number of attendees? Minimum #:5 Maximum #:10 Coordinator: Nancy Pohl 989-464-8859

If you have never made a card but want to try it, this class is for you. And if you attended before, this is an ongoing program. Cost is \$5. Nancy will provide paper and glue. You are to bring scissors, a ruler, and a pencil.

**Nancy Pohl** has been making cards and other artistic endeavors for years. She would like to share her talents with the participants.



#### Life and Times of a Honeybee Colony Save- the Bees - Save the Planet Tuesday January 21, 2025 1:30 - 3:00 pm ACC Madeline Briggs Center 140 Coordinator: Sue Jackowiak

Explore the life and times of a honeybee colony, how they form, the life of the Queen, the workers, the drones, and the "brood" and how and why they make honey. As an adjunct, learn a little about why bee colonies (not just honeybees) are critical to the sustainment of much of life as we now know it on our planet. Save the Bees-Save the Planet.

Rocky Roland will lead this presentation about what is becoming a crucial and controversial topic. Rocky is a retired USAF Colonel, a former fighter pilot and space systems expert. He is a voracious reader, an inveterate traveler, and a frequent ALL presenter on his travels and other esoteric topics.

\*\*\* Huron Pines - Conservation in Northern Michigan Wednesday, January 22, 2025 2:00 pm - 3:00 pm ACC Madeline Briggs University Center #140 **Coordinator: Tom Hilberg** 989-464-5569

Please join us for a presentation about natural resource conservation in the Alpena area. Huron Pines is a nonprofit organization with over 50 years of experience conserving and enhancing Northern Michigan's natural resources to ensure healthy water, protected places, and vibrant communities. Our vision is conservation driven by engaged, empowered communities. We achieve this by collaborating with other organizations, municipalities, agencies, and community members to implement a wide variety of natural resource projects. One of our current projects is developing a new Thunder Bay Watershed Management Plan, which will serve as a guiding document for conservation and community partners to prioritize and implement projects that support water quality.

Amy Nowakowski is the Coastal Project Manager at Huron Pines. Amy holds an associate in science from Alpena Community College, a bachelor's double-major in Geology and Environmental Science from Western Michigan University, and a Master's in Fluvial Geomorphology with a focus on Fisheries Biology from Colorado State University. Amy lived in Wyoming and worked for the Forest Service as a Hydrologist and Fisheries Biologist for over a decade. Amy also lived in Colorado, Hawaii, and Alaska. She is happy to be back in Northern Michigan and is excited to conserve and restore Michigan's natural resources through habitat restoration and community engagement.

#### 989-379-3313



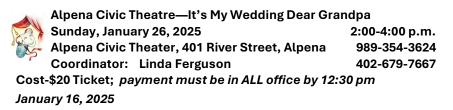
AHS Tech Workshop Thursday, January 23, 2025 ACC Madeline Briggs 140 Number of Attendees: Max 15 Coordinator: Linda Ferguson

402-679-7667

Bring any and all of your technology devices that are giving you headaches to this workshop. Bring in all your questions about those devices to this workshop. The AHS students of DECA\*\* club are here to help. These students know it all, if one can't help another can. Club advisor Amanda Pilarski also shares her knowledge and skills. This is one -on-one help that focuses on **your** situation and concerns.

The students participate in various statewide competitions in the spring. If you find their skills helpful and valuable, any donation to help offset the expense of these competitions would be appreciated.

\*\* Distributive Education Clubs of America (DECA) is a high school and college program for students interested in business. The organization prepares emerging leaders and entrepreneurs for careers in marketing, finance, hospitality, and management.



Control freak Amber is getting married to easygoing Scott, and she's going nuts trying to organize the perfect wedding. Her goofball siblings Keith and Frankie aren't helping, and her pushy mother won't listen to her. Then Mom comes up with an inspired idea: a double wedding with Amber and Scott, and with crabby Grandpa and his slightly senile girlfriend Bonnie. Keith, entrusted with finding musical entertainment for the wedding, mistakenly hires two exotic dancers "It's My Wedding, Dear Grandpa" is filled with funny lines and sight gags that will leave you laughing all the way to the altar! Approximately 90 minutes.

**Alpena Civic Theatre** has been bringing live theatre to the Alpena area for 68 years. We are a 501c3 nonprofit theatre run completely by volunteers. Our greatest joy is bringing fun and enjoyment to everyone that crosses the threshold of our little theatre.

## Get to Know Region 9 Area Agency on Aging Tuesday January 28, 2025 ACC Madeline Brigg 140 Coordinator: Linda Ferguson

Have you ever wondered what an Area Agency on Aging was? Have you ever even heard the term Area Agency on Aging? Come and learn about the Region 9 Area Agency on Aging. We will talk about its history, community partnerships, and the array of programming it provides to the community.

**Ms. Sauer** is the Director of Region 9 Area Agency, a division of Northeast Michigan Community Service Agency. She has 28 years of experience in developing and providing support and services to older adults across a twelve-county region of northeast Michigan. She holds a bachelor's degree in health care administration from Central Michigan University.

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# Gut Health & Magnesium –What you need to know about MagnesiumThursday January 30, 20251:30 - 3:00 pmACC Madeline Brigg 140402-679-7667Coordinator: Linda Ferguson402-679-7667

Informational presentation about two important topics 1) Importance of your gut health. 2) What you need to know about Magnesium.

**Kristine Spicer** is a pharmacist and owner of LeFave Pharmacy here in Alpena. She has been a pharmacist for the past 20 years at LeFaves and specializes in the more functional side of medicine helping patients get to the root cause of their conditions and maximizing their health, and their quality of life. She takes a special interest in women's health, nutrition, supplements and specialty compounding. She is married with two very busy kids and in her free time, she likes to read, garden and travel.

Have a presentation or hobby to share? Know someone who has presentation or hobby to share? Have a topic you would like to learn more about. Contact the ALL Office to at 989-358-7207 or email all@alpenacc.edu to share your ideas . ALL is always looking for new material.

402-679-7667

## JANUARY RECURRING SESSIONS

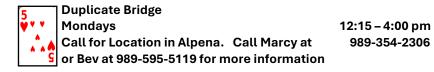


#### PICKLEBALL Monday, Wednesday, Friday APlex Coordinator: Pamela Borchert

9:00 - 11:00 am

989-464-6044

Pickleball continues. Call the APlex for additional info @ 989-354-6164. APlex fees apply.



This is a form of Bridge where partners play a fixed set of hands in competition with several other partners to see who does the best. This form of Bridge is for experienced Bridge partners interested in some friendly competition. It is also appropriate for individual experienced Bridge players interested in subbing from time to time.

	Mexican Train Dominoes Tuesdays ACC Madeline Briggs Center 143 Coordinator: Eileen Wikaryasz	
•••	Tuesdays	9:15 - 11:30 am
•••	ACC Madeline Briggs Center 143	
••	Coordinator: Eileen Wikaryasz	989-340-0608

Ready for a fun, addictive and fast-moving game that has lots of surprising twists and turns? Join us for Mexican Train Dominoes! You may join our class any time during the year.



Pinochle Wednesdays ACC Madeline Briggs Center 143 Coordinator: Mary Ann Kenne

12:30 - 3:00 pm

989-255-4414

Julie Byrnes is inviting you to join her and others in single deck Pinochle on Wednesdays.

ALL is supported by membership fees. Guests are always welcome. A modest donation from guests for the value of your experience is always appreciated.

## RECURRING SESSIONS

10:00 - 11:30 am

989-354-0884

Spitzer is a challenging card game that requires lots of concentration. It is played extensively in our area, mainly around Rogers City, Alpena, Posen, and regular tournaments are held. Spitzer-challenged people are welcome to come learn the game. Experienced players are welcome to come enjoy playing and guiding the newbies. Name tags encouraged.

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**Contract Bridge** 

Spitzer

Thursdays in December

ACC Madeline Briggs Center 143 **Coordinator: Marilyn Klingshirn** 

**Fridays in December** ACC Madeline Briggs Center 140 Coordinator: Julie Byrnes

12:30 - 3:00 pm

734-761-2123

This is an ongoing group of varied players who welcome all players at any time. We are a teaching class but welcome experienced players also.



Square Dancing Fridays ACC Madeline Briggs Center 140 **Coordinator: Glenn Taylor** 

4:00 - 6:00 pm

803-292-9613

Looking for something to do with your significant other or with other people? Singles welcome - no partner needed. We are Mainstream dancers with Plus lessons mixed in. We meet in Alpena on Fridays from 4 - 6 PM at the Madeline Briggs Center of Alpena Community College. Call Glenn at 803-292-9613 to get details. Let's dance!

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Recurring Programs are held the same day of the Week in any given month. To find detailed dates of these programs, please refer to the Calendar on Pag 11.



## Going to the Theater with Lifelong Learners

We have supported and enjoyed Alpena Civic Theatre (ACT) for many years. Lifelong Learners reserves 10 first-come, first-serve tickets for each new ACT production so members can sit with their buddies. If more than 10 ALL members purchase tickets, we do our best (no guarantees) to get them in the same block of seats.

We attend the matinee show on the final day of each show's run, almost always a Sunday. Please purchase ticket(s) from the ALL office by the date indicated in the program guide. Your ticket(s) will be given to you by the event coordinator after 1:15 pm on performance day in the Alpena Civic Theatre lobby.

## Upcoming Theater Presentations

## It's My Wedding, Dear Grandpa

Performance date January 26, 2025 - 2 pm Ticket money paid to ALL office by 12:30 January 16

## Steel Magnolias

Performance Date March 23, 2025 –2 pm Ticket money paid to ALL office by 12:30 March 13

## **Once Upon a Mattress**

Performance Date May 11, 2025 –2pm Ticket money paid to ALL office by 12:30 May 1



## **January 2025**

	F	Γ	F	F		
s	Mon	Tue	Wed	Thur	Fri	s
			1 Aplex Closed ACC Closed	2 Spitzer 10 - 11:30 am	3 Pickleball 9 - 11 am Bridge 12 :30 - 3 pm Sq Dancing 4 - 6 pm	4
5	6 Pickleball 9 -11 am Dup Bridge 12:15 - 4 pm	7 Dominoes 9:15 -11:30 am Behind the Scenes 1:30 –3:00 pm	8 Pickleball 9:00 –11:00 am Pinochle 12:30 - 3 pm	9 Spitzer 10 - 11:30 am Uganda 1:30—2:30 pm	10 Pickleball 9 -11 am Autism 10:30-11:30 am Bridge 12:30 - 3:00 pm Sq Dancing 4 - 6 pm	11
1 2	13 Pickleball 9 -11:00 am Dup Bridge 12:15 - 4 pm	14 Dominoes 9:15—11:30 am Greece, Turkey 1:30 –3:00 pm	15 Pickleball 9 - 11 am Journal Writing 11:00 - 12:30 pm Pinochle	16 Spitzer 10 - 11:30 am Growing Up 1:30-3:00 pm	17 Pickleball 9 - 11 am Bridge 12:30 - 3:00 pm Sq Dancing 4 - 6 pm	18
1 9	20 Pickleball Move. Feast 10 am-12 pm Dup Bridge Card Making 1:00 3:00 pm	21 Dominoes 9:15-11:30 am Life and Times 1:30-3:00 pm	22 Pickleball Pinochle 12:30 - 3 pm Huron Pines 2:00 –3:00 pm	23 Spitzer 10 - 11:30 am AHS Tech 3:00 –5:00 pm	24 Pickleball 9 - 11 am Bridge 12:30 - 3:00 pm Sq Dancing 4 - 6 pm	25
2 6	27 Pickleball 9:00 –11:00 am Dup Bridge 12 :15 - 4 pm	28 Dominoes 9:15-11:30 am Get to Know 1:30-3:00 pm	29 Pickleball 9-11:00 am Pinochle 12:30 - 3 pm	30 Spitzer 10 - 11:30 am Gut & Health 1:30 –3:00 pm	31	



The Association of Lifelong Learners

665 Johnson St.

Madeline Briggs Building

Alpena, MI 49707

Laugh, Learn, Live with ALL @ ACC