



September 2026



Association of Lifelong Learners
665 Johnson St., Alpena, MI 49707
989-358-7207

Email: all@alpenacc.edu
Website: associationoflifelonglearners.org
Office Hours: Mon, Tues, Thurs, Fri. –10:00 am –2:00 pm
Closed Wed

*Production of the ALL Program Guide
is generously sponsored by McFalda Law Office.*

Why Register for ALL programs?

- 1) Registration helps ALL prepare for programs by making sure we have adequate seating and handouts for program participants. Occasionally a bigger room needs to be arranged for popular programs.
- 2) Registration helps ALL advise presenters of the number of anticipated participants.
- 3) Occasionally programs with low participation are cancelled at the request of the presenter.
- 4) Registration helps ALL advise participants of program changes or cancellation.
- 5) Some programs have limited capacity. Registration helps ALL monitor program capacity and advise participants accordingly.

ALL has implemented a system to register for ALL programs online.

You are still able to register with the form included with your program guide.

However, you may find it easier to register electronically with your computer or smartphone.

There is no need to register both ways. Register using one way or the other.

Registering for ALL programs online will improve registration accuracy and reduce office time needed to process registrations.

Use the following link to register online for September programs:

[SEPTEMBER 2026 REGISTRATION FORM – Fill out form](#)

You can also find this registration link on the ALL website here:

<https://associationoflifelonglearners.org/>

or use this QR code with your phone to get to the form:



Manoomin: The Story of Wild Rice in Michigan
Tuesday, September 1, 2026
ACC Madeline Briggs Center 143
Coordinator: Ron Young

12:00 –1:00 pm
989-884-4011

Hear the captivating story of the history and ecology of Manoomin (wild rice) in Michigan and especially its cultural importance to the Anishinaabe. Learn why this important native grain almost disappeared and what is being done to protect it for future generations. **This is a Historical Society of Michigan History Hounds Virtual Lecture offered by ALL via Zoom at Madeline Briggs.**



Writing Workshop
Wednesday, September 2, 2026
ACC Madeline Briggs Center 143
Coordinator: Mary Ann Krajnik Crawford

11:00 – 12:30 pm
989-916-5540

This writing workshop series focuses on writing, sharing, and feedback. Everyone has stories, some are told, some are written, and some, like memoirs, are written to be shared with others. Sessions will examine issues with writing, share techniques for writing and revising, and practice some editing. Participants write between sessions, share their writing at sessions, and get feedback that they can use for revising and polishing their stories.

Mary Ann Krajnik Crawford has been a personal journal writer and teacher of writing for many years. She retired from Central Michigan University as emeritus professor of English and director of the Writing Center and continues to write for the fun of it.



Do you have a presentation... or hobby to share? Do you know others who have a presentation or hobby to share? Do you have a topic you would like to learn more about? Contact the ALL Office at 989-358-7207 or email all@alpenacc.edu to share your ideas - ALL is always looking for new programs to offer.



Moveable Feast at Marithyme
Thursday, September 3, 2026
Center Building, 109 N. Second Ave.
Coordinator: Jane Roose

4:00-6:00 pm
989-255-5673

Join ALL's Moveable Feast for a unique and exclusive dining experience. Marithyme Owner Rony Khoury will provide a tasting menu of some favorite Lebanese dishes from his homeland. Items such as spinach pie, labneh dip, meat pies, and baklawa! Traditionally a Lebanese dinner consists of many small dishes. Rony will explain each dish as it is presented sharing the history of the cuisine. The cost per person of \$20 includes the tax and a beverage – the restaurant does not charge extra for credit card payment. Make the coordinator aware of food allergies. Rony will work with us on menu items for you. Invite someone who has not enjoyed our fun-filled Moveable Feasts. Please call the ALL office at 989-358-7207, email all@alpenacc.edu or register online for a reservation so the restaurant and coordinator can plan accordingly.

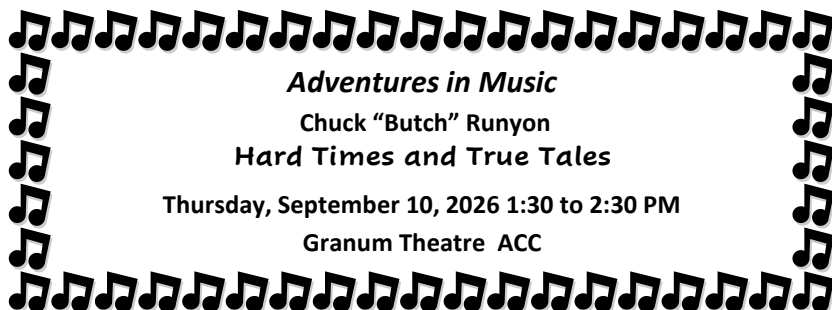
Hailing from Lebanon, **Rony Khoury** came to Michigan in 2019. He is proud of his “space” in the Center Building and would like everyone to relax and enjoy their time there. Rony will share some stories as well as the history of the cuisine.

Hitz for Hope LLC and Cancer
Tuesday, September 8, 2026
ACC Madeline Briggs Center 140
Coordinator: Debra Staeb

12:00-12:45 pm
360-201-2479

Dr Hitzelberger and his family have started a nonprofit organization called “Hitz For Hope” LLC. It’s mission is to empower individuals with trusted cancer education, advance knowledge through accessible resources, and inspire charitable giving that fuels hope, research, and support for every person affected by cancer.

Dr. William Hitzelberger has a Bachelor’s and Masters of Science, Wayne State University, a Doctor of Osteopathic Medicine, Michigan State University College of Osteopathic Medicine, an Internship and Residency, Mount Clemens General Hospital. Dr. Hitzelberger is a Former Hospitalist at Alpena General Hospital (2006) and has a Fellowship in Oncology and Hematology, Dartmouth Hitchcock Medical Center.



Cosmovision of the Andean Civilization

Monday, September 14, 2026

3:00 – 4:30 pm

ACC Madeline Briggs Center 143

Coordinator: Joyce Bobolts

616-893-2998

Long before the rise of the Inca Empire, early Peruvians attuned themselves to the natural world around them. They discovered sustainable ways of living, guided by the gods of the upper realms and the abundance offered by Mother Earth. Join historian Oscar Oviedo Velasco as he journeys into the myths and cosmologies of ancient Andean culture, offering insights into how Indigenous Peruvians once interpreted the universe. Gain a new perspective on how Andean societies engaged with their world before the Spanish conquest altered their way of life. **This is a Road Scholar Online Lecture presented via zoom and offered by ALL for viewing at Madeline Briggs.**

October Fall Foliage Facts and Fun Event

UAW Compound at Black Lake

Save the Date— Wednesday, October 21, 2026

Black Lake Conference Center and Golf Club



BLACK LAKE
CONFERENCE CENTER & GOLF CLUB



ALL has planned a special day for you at the UAW Black Lake compound, golf course and conference center. The day includes a choice of golf**, bus tour, walking tour, buffet lunch and scenic routes of your choice for traveling there. You must have a ticket and an ALL name tag to attend. Golf rounds of 9 or 18 holes will be offered. There will be two bus tours limited to 15 persons each, one at 11 AM, one at 1 PM and walking tour of the museum both before and after a 12 noon lunch. The cost of the ticket includes lunch, bus tour, gratuities and ALL Fall Foliage, Facts and Fun, informational brochure.

TICKETS WILL BE SOLD ON TWO DAYS ONLY Tuesday, September 15, 12-4 PM and Thursday, September 17, 9 AM- 12 noon, in ACC Madeline Briggs Center room 143. Tickets are \$30 for members and \$40 for nonmembers and will be for sale in Briggs 143.

Tickets must be purchased in person. Tickets can be purchased for friends with proof of the friend's ALL membership. **Golf fees are separate and will be collected at the golf course on Wednesday, October 21. Golfers must register for playing golf at the time of regular ticket sales.

Howling Winds: Canine Companions on the Great Lakes

Tuesday, September 15, 2026

12:00 – 1:00 pm

ACC Madeline Briggs Center 143

Coordinator: Ron Young

989-844-4011

There aren't many places our canine companions haven't accompanied us – including the eye of the storm! Learn about some of these brave mascots, including a bulldog who survived 1913's White Hurricane, and Soogie, the Coast Guard dog who rode through the storm that sank the Edmund Fitzgerald. **This is a Historical Society of Michigan History Hounds Lecture presented via zoom and offered by ALL for viewing at Madeline Briggs.**



ALL Photography Club

Tuesday, September 15, 2026

7:00-9:00 pm

ACC Madeline Briggs Center 143

Coordinator: Dick Bremer

810-730-7616

Zoom Meeting ID: 847 0459 7928 Passcode: 635146

Join in the discussions about photographic techniques and equipment. Or just stop in and check out some of the photos from Club members and visitors. All skill levels are welcome. Join us in-person or on Zoom.



Journal Writing

Wednesday, September 16, 2026

11:00– 12:30 pm

ACC Madeline Briggs Center 143

Coordinator: Mary Ann Crawford

989-916-5540

This session invites us to write for ourselves and others. Journal writing is a first step for creating stories, capturing memories, and exploring our ideas and feelings. This is writing for fun and insight in a no-pressure atmosphere.

Mary Ann Krajnik Crawford has been a personal journal writer and teacher of writing for many years. She retired from Central Michigan University as an emeritus professor of English and director of the Writing Center and continues to write for the fun of it.

Age Well: Navigating Family Dynamics in Aging & Caregiving

Wednesday, September 16, 2026

1:30-3:00 pm

ACC Madeline Briggs Center 140

Coordinator: Ron Young

989-884-4011

As individuals age, family relationships often shift — sometimes creating stress, misunderstandings or conflict around care decisions. Aging adults may find themselves at the center of complex family dynamics, especially when health or independence becomes a concern.

Lakelyn Eichenberger is a gerontologist and caregiving advocate for Honor and Home Instead, the world's largest provider of home care. **This is a Road Scholar Recorded Lecture offered by ALL for viewing at Madeline Briggs.**

Age Well: The Missing Link-Nutrition, Hydration & Preventing Falls

Thursday, September 17, 2026

12:00-1:30 pm

ACC Madeline Briggs Center 143

Coordinator: Joyce Bobolts

616-873-2998

In recognition of Falls Prevention Month and Malnutrition Awareness Week, this session will highlight how proper nourishment can support strength, balance and independence while addressing root causes that may increase fall risk. Join Registered Dietitian Nutritionist Pam VanKampen to explore the powerful connection between nutrition, hydration and fall prevention. Discover practical strategies to help older adults stay nourished, steady and thriving. **This is a Road Scholar Online Lecture presented via zoom and offered by ALL for viewing at Madeline Briggs.**

Protecting Health and Wealth

Thursday, September 17, 2026

1:30-3:00 pm

ACC Madeline Briggs Center 140

Coordinator: Jane Roose

989-255-5673

Andrew will review strategies for maintaining financial wellness while preparing for healthcare-related expenses and life's unexpected events.

Andrew Kowalski, Edward Jones, has degrees from Michigan State University and Walsh College. He is a Certified Financial Planner professional who works hard to educate clients on the types of accounts and investments that are their best fit.

The New Thunder Bay Theatre

Monday, September 21, 2026

1:30-3:00 pm

400 N. 2nd Ave, Alpena

Coordinator: Cynthia Kelley

517-242-0096

After two fires, a robbery, and six years of being closed to the public, Thunder Bay Theatre is ready to take center stage again! Be one of the first to tour the historic building after a \$2 million renovation that completely restored and updated the building, inside and out. In addition to a tour, attendees will get a chance to learn about the organization's origins, the buildings over one hundred year old history, and the plans to bring back live, professional theatre once again. The show will go on!

Anne Gentry has been the President of the Board of Directors at Thunder Bay Theatre since 2021, where she has led a monumental \$2 million renovation of the over one hundred year old building, securing grants, foundation support, and private donations to restore the building after two fires and a robbery. She has been Executive Director of the Alpena Downtown Development Authority since 2017, where she leads projects and programs related to the revitalization of Downtown Alpena.

Autumn Bildson-Stone Carving Artist**Tuesday, September 22, 2026****1:30-3:00 pm****ACC Madeline Briggs Center 140****Coordinator: Linda Ferguson****402-679-7669**

Autumn Bildson is the artist who did the “Eye of the Beholder” stone sculpture placed on the lawn of Alpena’s City Hall to honor America’s 250th anniversary. She will share with us the creation of this artwork from the initial maquette cut to completion. You will be able to see first hand how a stone becomes a work of art.

Autumn Bildson has been an artist as long as she can remember. The high school art room stirred her creative juices and with an introduction to stone sculpture she found her passion. She has been able to form a successful business with her husband’s help doing the “work” she loves. Autumn resides in Black River, Michigan.

September Happening to Recognize Presenters**Thursday, September 24, 2026****11:00 am-1:00 pm****Alcona County Commission on Aging (ACCOA), 807 N. Barlow Rd, Lincoln****Coordinator: Richard Bremer****810-730-7616**

The September Happening and Presenter Recognition Program will be held at the new Alcona County Commission on Aging (ACCOA) facility, which includes the Sunrise Community Center. The event will begin at 11AM and finish by 1PM. A member of the ACCOA Staff will present an overview of the facility and services provided at this location. There will also be a tour of the facilities. Food services are being provided by the ACCOA. **Please register for the event** so we can have an accurate number for setup and food. The facility is located at 807 N Barlow Rd., Lincoln, MI 48742, which is just south of the village of Lincoln. N. Barlow Road can be reached from US-23 south of Ossineke.

AHS Tech Workshop**Thursday, September 24, 2026****3:00-5:00 pm****ACC Madeline Briggs Center 140****Coordinator: Linda Ferguson****402-679-7667**

Bring any and all of your technology devices that are giving you headaches to this workshop. Bring in all your questions about those devices to this workshop. The AHS students of DECA** club are here to help. These students know it all, if one can’t help another can. Club advisor Amanda Pilarski also shares her knowledge and skills. This is one-on-one help that focuses on **your** situation and concerns. The students participate in various statewide competitions in the spring. If you find their skills helpful and valuable, any donation to help offset the expense of these competitions would be appreciated.

** Distributive Education Clubs of America (DECA) is a high school and college program for students interested in business. The organization prepares emerging leaders and entrepreneurs for careers in marketing, finance, hospitality, and management.

Tour and Travel

Monday, September 28, 2026

1:30-2:30 pm

ACC Madeline Briggs Center 140

Coordinator: Joyce Bobolts

616-893-2998

This will be a Tour & Travel presentation, discussing why group travel is a good option for those looking to create new travel experiences. Mark will discuss the do's and do not's of travel, how to travel safely. He will also provide a high level overview of the different types of tour & travel services offered (motorcoach, domestic, international, fly travel, day trips, along with our Travel Agent services that connect travelers with reputable and safe tour partners across the globe).

MJ (Mark) Kraft-Strong is an Alpena native that began Beyond Horizons Tour & Travel from his college dorm room in 2005. Over the past 21 years, the company has grown to be a leader in the tour and travel industry in Michigan and across the United States.

The History of Rockport Quarry

Tuesday, September 29, 2026

1:30-2:30 pm

ACC Madeline Briggs Center 140

Coordinator: Tom Hilberg

989-356-0163

Zoom: Meeting Id: 845 3009 9315 Passcode: 605480

Discover the fascinating industrial history of Rockport Quarry and Stone Plant with historian Don La Barre of the Michigan History Center. This presentation explores the quarry's development from the early to mid-20th century, highlighting the growth, technology, and innovation that made it one of Michigan's significant stone production operations. La Barre will examine the methods used to extract and process limestone, the machinery that powered production, and the technological advancements that improved efficiency throughout the quarry's busiest decades.

Don La Barre is a historian with the Michigan History Center whose work focuses on preserving and interpreting Michigan's rich cultural and industrial heritage. Through research, public presentations, and educational outreach, he brings the stories of Michigan's historic sites, industries, and communities to life.

Lady Michigan

Wednesday, September 30, 2026

10:00-12:00 pm

Great Lakes Maritime Heritage Center, 500 W. Fletcher St, Alpena

Coordinator: Jan Kane

989-464-7107

Join your ALL friends as they explore Lake Huron shipwrecks and miles of beautiful shore line and blue water horizons on board the Lady Michigan glass-bottom boat with a knowledgeable tour guide and staff. **Cost: \$43 Please purchase your own ticket in advance either at NOAA or at this website:**<https://alpenashipwrecktours.com/>. **For more information please call (989)340-0067.**

SEPTEMBER RECURRING SESSIONS



PICKLEBALL

Monday, Wednesday, Friday

9:00 - 11:00 am

APlex

Coordinator: Pamela Borchert

989-464-6044

Pickleball continues. Call the APlex for additional info @ 989-354-6164. APlex fees apply.



Duplicate Bridge

Mondays

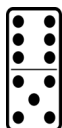
12:15 – 4:00 pm

Call for Location in Alpena.

Call Marcy at 989-354-2306

or Bev at 989-595-5119 for more information

This is a form of Bridge where partners play a fixed set of hands in competition with several other partners to see who does the best. This form of Bridge is for experienced Bridge partners interested in some friendly competition. It is also appropriate for individual experienced Bridge players interested in subbing from time to time.



Mexican Train Dominoes

Tuesdays

9:15 - 11:30 am

ACC Madeline Briggs Center 143

Coordinator: Eileen Wikaryasz

989-884-1140

Ready for a fun, addictive and fast-moving game that has lots of surprising twists and turns? Join us for Mexican Train Dominoes! You may join our class any time during the year.



Pinochle

Wednesdays

12:30 - 3:00 pm

ACC Madeline Briggs Center 140

Coordinator: Julie Byrnes

734-761-2123

Julie Byrnes is inviting you to join her and others in single deck Pinochle on Wednesdays.

ALL is supported by membership fees. Guests are always welcome. A modest donation from guests for the value of your experience is always appreciated.

RECURRING SESSIONS



Spitzer

Thursdays

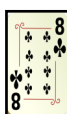
ACC Madeline Briggs Center 140

Coordinator: Marilyn Klingshirn

10:00 - 11:30 am

989-354-0884

Spitzer is a challenging card game that requires lots of concentration. It is played extensively in our area, mainly around Rogers City, Alpena, Posen, and regular tournaments are held. Spitzer-challenged people are welcome to come learn the game. Experienced players are welcome to come enjoy playing and guiding the newbies. Name tags encouraged.



Contract Bridge

Fridays

ACC Madeline Briggs Center 140

Coordinator: Julie Byrnes

12:30 - 3:00 pm

734-761-2123

This is an ongoing group of varied players who welcome all players at any time. We are a teaching class but welcome experienced players also.



Square Dancing

Fridays

Call Glenn Taylor for Location

Coordinator: Glenn Taylor

4:00 - 6:00 pm

803-292-9613

Dancing is the Best Activity for Brain Health - Square Dancing is super fun as well! Come join our very active group. No partner needed. Singles and beginners are welcome! We meet most Fridays from 4-6 PM. Call Glenn at 803-292-9613 for location.

Recurring Programs are held the same day of the week in any given month. To find detailed dates of these programs, please refer to the Calendar on Page 11.

September 2026

	Mon	Tue	Wed	Thur	Fri	S
30	31	1 Dominoes 9:15 - 11:30 am Manoomin 12:00-1:00 pm	2 Pickleball 9:00 –11:00 am Writing Workshop 11:00-12:30 pm Pinochle	3 Spitzer 10 - 11:30 am Marithyme 4:00-6:00 pm	4 Pickleball 9:00 –11:00 am Bridge 12:30 - 3:00 pm Sq Dancing	5
6	7 Labor Day Office Closed Pickleball 9:00 -11:00 am Dup Bridge 12:15 - 4 pm	8 Dominoes 9:15 -11:30 am Hitz for Hope 12:00-12:45 pm	9 Pickleball 9:00 –11:00 am Pinochle 12:30-3:00 pm	10 Spitzer 10 - 11:30 am Butch Runyon Hard Times and True Tales 1:30-2:30 pm	11 Pickleball 9:00 –11:00 am Bridge 12:30 - 3:00 pm Sq Dancing 4 - 6 pm	12
13	14 Pickleball 9:00 -11:00 am Dup Bridge 12:15 - 4 pm Andean Civilization 3:00-4:30 pm	15 Dominoes 9:15-11:30 am UAW Ticket Sales 12:00-4:00 pm Howling Winds 12:00-1:00 pm Photography Club 7:00-9:00 pm	16 Pickleball 9:00-11:00 am Journal Writing 11:00-12:30 pm Pinochle 12:30-3:00 pm Age Well 1:30-3:00 pm	17 UAW Ticket Sales 9:00 –12:00 pm Spitzer 10 - 11:30 am The Missing Link 12:00-1:30 pm Protecting Health 1:30-3:00 pm	18 Pickleball 9:00 -11:00 am Bridge 12:30 - 3:00 pm Sq Dancing 4 - 6 pm	19
20	21 Pickleball 9:00-11:00 am Dup Bridge 12:15– 4:00 pm The New Thunder Bay Theatre 1:30-3:00 pm	22 Dominoes 9:15-11:30 am Autumn Blidson 1:30-3:00 pm	23 Pickleball 9:00-11:00 am Pinochle 12:30-3:00 pm	24 Spitzer 10 - 11:30 am Presenter Happening 11:00 am -1:00 pm AHS Tech Wksp 3:00-5:00 pm	25 Pickleball 9:00 -11:00 am Bridge 12:30 - 3:00 pm Sq Dancing 4 - 6 pm	26
27	28 Pickleball 9:00-11:00 am Dup Bridge 12:15– 4:00 pm Tour & Travel 1:30-2:30 pm	29 Dominoes 9:15-11:30 am Rockport Quarry 1:30-2:30 pm	30 Pickleball 9:00-11:00 am Lady Michigan 10:00-12:00 pm Pinochle 12:30-3:00 pm	1 Spitzer 10 - 11:30 am	2 Pickleball 9:00 -11:00 am Bridge 12:30 - 3:00 pm Sq Dancing 4 - 6 pm	3

Name _____ Phone Number _____

Email Address _____

✓	Program Title	Day	September Dates	Time	Location
	Manoomin: Wild Rice	Tues.	1st	12:00-1:00 pm	ACC M. Briggs 143
	Writing Workshop	Wed.	2nd	11:00-12:30 pm	ACC M. Briggs 143
	Feast at Marithyme	Thurs.	3rd	4:00-6:00 pm	109 2nd Ave, Alpena
	Hitz for Hope LLC and Cancer	Tues.	8th	12:00-12:45 pm	ACC M. Briggs 140
	Adventures in Music Chuck "Butch" Runyon	Thurs.	10th	1:30-2:30 pm	Granum Theatre- ACC
	Cosmovision- Andean Civil.	Mon.	14th	3:00 – 4:30 pm	ACC M. Briggs 143
	Howling Winds	Tues.	15th	12:00 – 1:00 pm	ACC M. Briggs 143
	Photography Club	Tues.	15th	7:00-9:00 pm	ACC M. Briggs 143
	Journal Writing	Wed.	16th	11:00-12:30 pm	ACC M. Briggs 143
	Navigating Family Dynamics in Aging & Caregiving	Wed.	16th	1:30-3:00 pm	ACC M. Briggs 140
	Missing Link-Nutrition, Hydration & Preventing Falls	Thurs.	17th	12:00-1:30 pm	ACC M. Briggs 143
	Protecting Health & Wealth	Thurs.	17th	1:30-3:00 pm	ACC M. Briggs 140
	The New Thunder Bay Theatre	Mon.	21st	1:30-3:00 pm	400 N. 2nd Ave, Alpena
	Autumn Bildson	Tues.	22nd	1:30-3:00 pm	ACC M. Briggs 140
	Presenter Happening	Thurs.	24th	11:00-1:00 pm	807 N. Barlow Rd, Lincoln
	AHS Tech Workshop	Thurs.	24th	3:00-5:00 pm	ACC M. Briggs 140
	Tour and Travel	Mon.	28th	1:30-2:30 pm	ACC M. Briggs 140
	History of Rockport Quarry	Tues.	29th	1:30-2:30 pm	ACC M. Briggs 140
	Lady Michigan	Wed.	30th	10:00-12:00 pm	500 W. Fletcher St., Alpena
	Pickleball	M, W, F	Monday, Wednesday, Friday	9:00 - 11:00 am	APlex
	Duplicate Bridge	Mon.	Mondays	12:15 – 4:00 pm	Call for Location
	Mex. Train Dominoes	Tues.	Tuesdays	9:15 - 11:30 am	ACC M. Briggs 143
	Pinochle	Wed.	Wednesdays	12:30 - 3:00 pm	ACC M. Briggs 140
	Spitzer	Thurs.	Thursdays	10:00 - 11:30 am	ACC M. Briggs 140
	Contract Bridge	Fri.	Fridays	12:30 - 3:00 pm	ACC M. Briggs 140
	Square Dancing	Fri.	Fridays	4:00 - 6:00 pm	Call for Location

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